

# SAINT MARY'S EPISCOPAL CHURCH

*Third Sunday in Lent*

Sunday, March 8, 2026



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*St. Mary's is:*

Inspiring in Worship,

Loving Without Exception, and

Giving of Ourselves Completely

**HYMN:** *Come, thou fount of every blessing*

1 Come, thou fount of every blessing,  
tune my heart to sing thy grace!

Streams of mercy never ceasing,  
call for songs of loudest praise.

Teach me some melodious sonnet,  
sung by flaming tongues above.

Praise the mount! Oh, fix me on it,  
mount of God's unchanging love.

**HYMN:** *Come, thou fount of every blessing*

2 Here I find my greatest treasure;  
hither, by thy help, I've come;  
and I hope, by thy good pleasure,  
safely to arrive at home.

Jesus sought me when a stranger  
wandering from the fold of God;  
he, to rescue me from danger,  
interposed his precious blood.

**HYMN:** *Come, thou fount of every blessing*

3 Oh, to grace how great a debtor  
daily I'm constrained to be!

Let thy goodness, like a fetter,  
bind my wandering heart to thee:  
prone to wander, Lord, I feel it,  
prone to leave the God I love;  
here's my heart, oh, take and seal it,  
seal it for thy courts above.

# THE WORD *of* GOD

*Celebrant:* Blessed be the God of our salvation:

*People:* Who bears our burdens  
and forgives our sins.

# THE DECALOGUE

Hear the commandments of God to his people:  
I am the Lord your God who brought you out of bondage.  
You shall have no other gods but me.

**Amen. Lord have mercy.**

You shall not make for yourself any idol.

**Amen. Lord have mercy.**

# THE DECALOGUE

You shall not invoke with malice the Name of the Lord your God.

**Amen. Lord have mercy.**

Remember the Sabbath day and keep it holy.

**Amen. Lord have mercy.**

Honor your father and your mother.

**Amen. Lord have mercy.**

# THE DECALOGUE

You shall not commit murder.

**Amen. Lord have mercy.**

You shall not commit adultery.

**Amen. Lord have mercy.**

You shall not steal.

**Amen. Lord have mercy.**

# THE DECALOGUE

You shall not be a false witness.

**Amen. Lord have mercy.**

You shall not covet anything that  
belongs to your neighbor.

**Amen. Lord have mercy.**

# CONFESSION *of* SIN

*Celebrant:* Let us confess our sins to God.

*Silence may be kept.*

*Minister and  
People:*

**God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created.**

# CONFESSION *of* SIN

*Minister and  
People:*

**We repent of the evil that enslaves us,  
the evil we have done, and the evil  
done on our behalf. Forgive, restore,  
and strengthen us through our Savior  
Jesus Christ, that we may abide in your  
love and serve only your will. Amen.**

# CONFESSION *of* SIN

*Celebrant:*

Almighty God have mercy on you,  
forgive you all your sins through our  
Lord Jesus Christ, strengthen you in all  
goodness, and by the power of the Holy  
Spirit keep you in eternal life. **Amen.**

Cantor



Lord Je - sus, you raise us to new life:\_\_\_\_\_ Ky - ri - e, e -

7

All

Cantor



le - i - son Ky - ri - e, e - le - i - son.\_\_\_\_\_ Lord Je - sus, you for -

12

All



give us our sins:\_\_\_\_\_ Chri - ste, e - le - i - son. Chri - ste, - e - le - i - son.\_\_\_\_\_

19

Cantor



— Lord Je-sus, you feed us with your bod-y and blood: Ky-ri-e, e - le-i-son.

26

All



Ky - ri - e e - le - i - son. \_\_\_\_\_

# THE COLLECT *of the* DAY

*Celebrant:* The Lord be with you.

**People:** **And also with you.**

*Celebrant:* Let us pray.

# THE COLLECT *of the* DAY

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

A READING *from the*  
BOOK *of* EXODUS 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, “Give us water to drink.” Moses said to them, “Why do you quarrel with me? Why do

# EXODUS 17:1-7

you test the LORD?” But the people thirsted there for water; and the people complained against Moses and said, “Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?” So Moses cried out to the LORD, “What shall I do with this people? They are almost ready to stone me.” The LORD said to Moses, “Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff

# EXODUS 17:1-7

with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, “Is the LORD among us or not?”

# EXODUS 17:1-7

*Reader:* Hear what the Spirit is saying to God's people.

*People:* Thanks be to God.

# PSALM 95

*Venite, exultemus* | *Read responsively by verse*

- 1 Come, let us sing to the LORD; \*  
let us shout for joy to the Rock of our salvation.
- 2 **Let us come before his presence**  
**with thanksgiving \***  
**and raise a loud shout to him with psalms.**
- 3 For the LORD is a great God, \*  
and a great King above all gods.

# PSALM 95

4 In his hand are the caverns of the earth, \*  
and the heights of the hills are his also.

5 The sea is his, for he made it, \*  
and his hands have molded the dry land.

6 Come, let us bow down, and bend the knee, \*  
and kneel before the LORD our Maker.

# PSALM 95

- 7 For he is our God, and we are the people  
of his pasture and the sheep of his hand. \*
- Oh, that today you would hearken to his voice!
- 8 **Harden not your hearts, as your forebears  
did in the wilderness, \***  
**at Meribah, and on that day at Massah,  
when they tempted me.**

# PSALM 95

9 They put me to the test, \*

though they had seen my works.

10 **Forty years long I detested that generation  
and said, \***

**“This people are wayward in their hearts;  
they do not know my ways.”**

11 So I swore in my wrath, \*

**“They shall not enter into my rest.”**

A READING *from Paul's letter*  
*to the* ROMANS

5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance

## ROMANS 5:1-11

produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good

## ROMANS 5:1-11

Person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more

# ROMANS 5:1-11

than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

*Reader:* Hear what the Spirit is saying to God's people.

***People:* Thanks be to God.**

**HYMN:** *Rock of ages, cleft for me*

1 Rock of ages, cleft for me,  
let me hide myself in thee;  
let the water and the blood  
from thy wounded side that flowed,  
be of sin the double cure,  
cleansing me from its guilt and power.

**HYMN:** *Rock of ages, cleft for me*

2 Should my tears for ever flow,  
should my zeal no languor know,  
all for sin could not atone:  
thou must save, and thou alone;  
in my hand no price I bring,  
simply to thy cross I cling.

**HYMN:** *Rock of ages, cleft for me*

3 While I draw this fleeting breath,  
when mine eyelids close in death,  
when I rise to worlds unknown  
and behold thee on thy throne,  
Rock of ages, cleft for me,  
let me hide myself in thee.

# THE GOSPEL

John 4:5-42

*Gospeller:*

The Holy Gospel of our Lord Jesus Christ  
according to John.

*People:*

Glory to you, Lord Christ.

# THE GOSPEL

John 4:5-42

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman

# THE GOSPEL

John 4:5-42

of Samaria?” (Jews do not share things in common with Samaritans.) Jesus answered her, “If you knew the gift of God, and who it is that is saying to you, ‘Give me a drink,’ you would have asked him, and he would have given you living water.” The woman said to him, “Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his

# THE GOSPEL

John 4:5-42

flocks drank from it?” Jesus said to her, “Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.” The woman said to him, “Sir, give me this water, so that I may never be thirsty or have to keep coming hereto draw water.” Jesus said to her, “Go, call your husband, and come

# THE GOSPEL

John 4:5-42

back.” The woman answered him, “I have no husband.” Jesus said to her, “You are right in saying, ‘I have no husband’; for you have had five husbands, and the one you have now is not your husband. What you have said is true!” The woman said to him, “Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem.” Jesus said to her, “Woman, believe me,

# THE GOSPEL

John 4:5-42

the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.”

# THE GOSPEL

John 4:5-42

The woman said to him, “I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” Jesus said to her, “I am he, the one who is speaking to you.”

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” Then the woman left her water jar and went

# THE GOSPEL

John 4:5-42

back to the city. She said to the people, “Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” They left the city and were on their way to him. Meanwhile the disciples were urging him, “Rabbi, eat something.” But he said to them, “I have food to eat that you do not know about.” So the disciples said to one another, “Surely no one has brought him something to eat?”

# THE GOSPEL

John 4:5-42

Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’”

# THE GOSPEL

John 4:5-42

I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.” Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is

# THE GOSPEL

John 4:5-42

no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

*Gospeller:* The Gospel of the Lord.

*People:* **Praise to you, Lord Christ.**

# THE CHILDREN'S MESSAGE

*Amy Danielik*

# THE SERMON

*Rev. Louis-Patrick Mua*

# THE NICENE CREED

*All stand and say together*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.

# THE NICENE CREED

For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

# THE NICENE CREED

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father.

# THE NICENE CREED

With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

# PRAYERS *of the* PEOPLE

*The Leader and People pray responsively.*

With confidence and trust let us pray to the Father.

For the one holy catholic and apostolic Church, The Episcopal Church in Jerusalem and The Middle East, our companion dioceses of Botswana and Costa Rica, most especially Santa Maria Siquierres, St. Philip's, St. Stephen's, St. Titus', Durham, let us pray to the Father;

Lord, in your mercy **Hear our prayer.**

# PRAYERS *of the* PEOPLE

For the mission of the Church, that in faithful witness it may preach the gospel to the ends of the earth, let us pray to the Father;

Lord, in your mercy **Hear our prayer.**

# PRAYERS *of the* PEOPLE

For peace in the world, especially in the Middle East and Ukraine, that a spirit of respect and reconciliation may grow among nations and peoples, let us pray to the Father;

Lord, in your mercy **Hear our prayer.**

# PRAYERS *of the* PEOPLE

For the poor, the persecuted, the sick, and all who suffer, especially Erin, Gary, Betty Jean and Les, Kim, Kim, Carlin, Jess, Claire, Katharyn, Laura, Joe, and all those on the Parish Prayer list, for all on the Daughters of the King prayer list, for refugees, prisoners, and all in danger; that they may be relieved and protected, let us pray to the Father;

Lord, in your mercy **Hear our prayer.**

# PRAYERS *of the* PEOPLE

For those who have died, let us pray to the Father;

Lord, in your mercy **Hear our prayer.**

For those whom we have injured or offended,  
let us pray to the Father;

Lord, in your mercy **Hear our prayer.**

# PRAYERS *of the* PEOPLE

For grace to amend our lives and to further the reign of God, let us pray to the Father;

Lord, in your mercy **Hear our prayer.**

In communion with all those who have walked in the way of holiness, the Ever Blessed Virgin Mary and all the Saints, let us pray to the Father;

Lord, in your mercy **Hear our prayer.**

# PRAYERS *of the* PEOPLE

God our Father, in your love and goodness you have taught us to come close to you in penitence with prayer, fasting and generosity; accept our Lenten discipline, and when we fall by our weakness, raise us up by your unfailing mercy; through Jesus Christ our Lord. **Amen.**

# THE PEACE *All stand*

*Celebrant:*

The peace of the Lord be always with you.

*People:*

**And also with you.**

*Greet one another in the name of the Lord.*

# THE HOLY COMMUNION

*All are seated as the altar is prepared.*



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# SONG: *One bread, one body*

1 One bread, one body, one Lord of all,  
one cup of blessing which we bless.  
And we, though many, throughout the earth,  
We are one body in this one Lord.

Gentile or Jew, servant or free,  
woman or man, no more.  
One Lord.

SONG: *One bread, one body*

2 One bread, one body, one Lord of all,  
one cup of blessing which we bless.

And we, though many, throughout the earth,  
We are one body in this one Lord.

Many the gifts, many the works,  
one in the Lord of all.

One Lord.

SONG: *One bread, one body*

3 One bread, one body, one Lord of all,  
one cup of blessing which we bless.  
And we, though many, throughout the earth,  
We are one body in this one Lord.

Grain for the fields, scattered and grown,  
gathered to one for all.  
One Lord.

SONG: *One bread, one body*

4 One bread, one body, one Lord of all,  
one cup of blessing which we bless.

And we, though many, throughout the earth,  
We are one body in this one Lord.

# THE GREAT THANKSGIVING

*Celebrant:* The Lord be with you.

*People:* And also with you.

*Celebrant:* Lift up your hearts.

*People:* We lift them to the Lord.

*Celebrant:* Let us give thanks to the Lord our God.

*People:* It is right to give our thanks and praise.

# THE GREAT THANKSGIVING

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

# THE GREAT THANKSGIVING

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

Ho - ly, ho - ly, ho - ly Lord God of hosts.\_\_\_\_\_

7

Heav - en and earth are full of your glo - ry.\_\_\_\_\_ Ho -

12

san - na in the high - est.\_\_\_\_\_ Bless - ed is

17



he who comes \_\_\_\_\_ in the name of the

Musical notation for measures 17-21. The melody starts on a half note G4, followed by a quarter note A4, a dotted half note B4, a quarter note C5, a quarter note D5, a quarter note E5, a dotted half note F5, a quarter note G5, and a quarter note A5. A slur covers the notes from the first quarter to the end of the second measure.

22



Lord. \_\_\_\_\_ Ho - san - na in the high - est. \_\_\_\_\_

Musical notation for measures 22-26. The melody starts with a dotted half note G4, followed by a quarter note A4, a quarter note B4, a dotted half note C5, a quarter note D5, a quarter note E5, a quarter note F5, a quarter note G5, a quarter note A5, and a dotted half note B5. A slur covers the first two measures, and another slur covers the last two measures.

27



\_\_\_\_\_ Ho - san - na in the high - est. \_\_\_\_\_

Musical notation for measures 27-31. The melody starts with a dotted half note G4, followed by a quarter note A4, a quarter note B4, a dotted half note C5, a quarter note D5, a quarter note E5, a quarter note F5, a quarter note G5, a quarter note A5, and a dotted half note B5. A slur covers the last two measures.

# THE GREAT THANKSGIVING

*The Celebrant continues*

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

# THE GREAT THANKSGIVING

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love.

Yet you never ceased to care for us, and prepared the way of salvation for all people.

# THE GREAT THANKSGIVING

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation.

Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory.

# THE GREAT THANKSGIVING

Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: “Take, eat: This is my Body which is given for you. Do this for the remembrance of me.”

# THE GREAT THANKSGIVING

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

# THE GREAT THANKSGIVING

Therefore we proclaim the mystery of faith:

*Celebrant & People:*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

# THE GREAT THANKSGIVING

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with The Ever Blessed Virgin

# THE GREAT THANKSGIVING

Mary and all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **Amen.**

# THE GREAT THANKSGIVING

*Celebrant:* As our Savior Christ has taught us, we now pray,

*All:* **Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

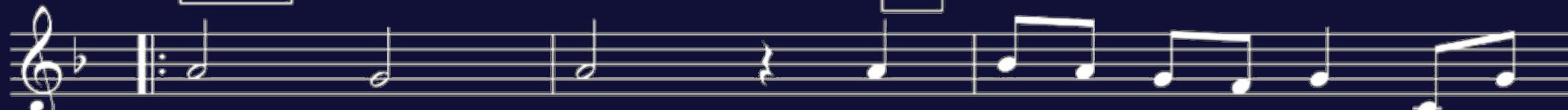
# THE BREAKING *of the* BREAD

*Celebrant.* Holy things for holy people.

# THE BREAKING *of the* BREAD

Cantor

All



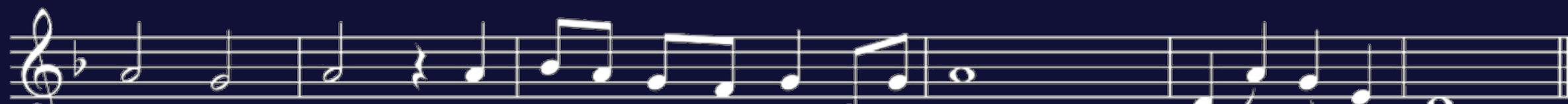
Lamb of God, you take a - way the sins of the

4



world, have mer - cy on us. Repeat once

7



Lamb of God, you take a-way the sins of the world, grant us\_\_ peace.

# THE BREAKING *of the* BREAD

*All are welcome at God's holy Altar. If you normally receive communion in another church, of any denomination, you are welcome to do so here. If you are drawn to Jesus, but not yet baptized into any Christian community, you are invited to come forward for a blessing. In that case, simply cross your arms over your chest in front of the altar, or ask the priest, and you will be given a blessing. Ask the priest afterwards about baptism and joining St. Mary's. We offer gluten-free wafers as well. Please let the priest know if you need one.*

**HYMN:** *There is a balm in Gilead*

1 There is a balm in Gilead  
to make the wounded whole;  
There is a balm in Gilead  
to heal the sin-sick soul.

Sometimes I feel discouraged,  
And think my work's in vain,  
But then the holy spirit  
Revives my soul again.

**HYMN:** *There is a balm in Gilead*

2 There is a balm in Gilead  
to make the wounded whole;  
There is a balm in Gilead  
to heal the sin-sick soul.

If you cannot preach like Peter,  
If you cannot preach like Paul,  
You can tell the love of Jesus,  
And say He died for all.

**HYMN:** *There is a balm in Gilead*

3 There is a balm in Gilead  
to make the wounded whole;  
There is a balm in Gilead  
to heal the sin-sick soul.

Don't ever be discouraged  
For Jesus is your friend,  
And if you lack for knowledge,  
He'll ne'er refuse to lend.

**HYMN:** *There is a balm in Gilead*

4 There is a balm in Gilead  
to make the wounded whole;  
There is a balm in Gilead  
to heal the sin-sick soul.

# POST-COMMUNION PRAYER

*The Celebrant and the People:*

**Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.**

# BLESSING *and* DISMISSAL

*The Celebrant blesses the people and then they are dismissed, responding:*

**Thanks be to God.**

# PARTICIPANTS *in the* LITURGY

*Celebrant:* Rev. Robert P. Travis

*Preacher:* Rev. Louis-Patrick Mua

*Lector:* Robert Otilar

*Verger:* Kathy Conrad

*Eucharistic Minister:* Chris Grimes

*Musicians:* Angelita Berdiales, Evie Cottam,  
David Moore, Revon Johnson, John Marlin

*Video & audio engineering:* Shallon Jacques

