



Saint Mary's Episcopal Church
The First Sunday in Lent
Holy Eucharist
Sunday, March 9, 2025
11:00am

Welcome to Saint Mary's! We are glad you are joining us today for either in person or online worship. If you're new to the Episcopal Church, know that we follow an ancient and enduring pattern of worship called Liturgy, which is designed to give glory to God and draw people closer to God. We sing and pray together, and stand, sit and kneel at different times using our bodies, minds and voices as we worship in the Spirit. All of those directions are in this guide, which is drawn from the Book of Common Prayer you see in the pew racks in front of you. We have communion every Sunday (and sometimes more often!) and everyone is invited to the altar, regardless of membership or from what denomination they've come. If you haven't been baptized, or aren't sure you're ready to receive communion, we invite you to come forward for a blessing and talk to a priest after the service about getting baptized. For more information about Saint Mary's, please see our website at www.stmaryshighpoint.org or check out our [Facebook Page](#).

Voluntary Largo from Sonata in C Minor

J.S. Bach

Welcome and Announcements

Please stand at the sound of the bell.

The Great Litany

from *Enriching Our Worship*

Holy God, Creator of heaven and earth,



Have mer-cy on us.

Holy and Mighty, Redeemer of the world,

Have mercy on us.

Holy Immortal One, Sanctifier of the faithful,

Have mercy on us.

Holy, blessed and glorious Trinity, One God,

Have mercy on us.

From all evil and mischief; from pride, vanity and hypocrisy; from envy, hatred and malice; and from all evil intent,



Sa-vior, de-liv-er us.

From sloth, worldliness and love of money; from hardness of heart and contempt for your word and your laws,

Savior deliver us.

From sins of body and mind; from deceits of the world, flesh and the devil,

Savior deliver us.

From famine and disaster; from violence, murder, and dying unprepared,

Savior deliver us.

In all times of sorrow; in all times of joy; in the hour of our death and at the day of judgment,

Savior deliver us.

By the mystery of your holy incarnation; by your birth, childhood and obedience; by your baptism, fasting and temptation,

Savior deliver us.

By your ministry in word and work; by your mighty acts of power; by the preaching of your reign,

Savior deliver us.

By your agony and trial; by your cross and passion; by your precious death and burial,

Savior deliver us.

By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit,

Savior deliver us.

Hear our prayers, O Christ our God.



Hear us, O Christ.

Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will.

Hear us, O Christ.

Give us boldness to preach the gospel in all the world, and to make disciples of all the nations.

Hear us, O Christ.

Enlighten your bishops, priests and deacons, especially Justin, Sean, Sam, Jennifer, Rob, and Foster, with knowledge and understanding, that by their teaching and their lives they may proclaim your word.

Hear us, O Christ.

Give your people grace to witness to your word and bring forth the fruit of your Spirit.

Hear us, O Christ.

Bring into the way of truth all who have erred and are deceived.

Hear us, O Christ.

Strengthen those who stand; comfort and help the fainthearted; raise up the fallen; and finally beat down Satan under our feet.

Hear us, O Christ.

Guide the leaders of the nations into the ways of peace and justice.

Hear us, O Christ.

Give your wisdom and strength to Donald, the President of the United States, Josh, the Governor of this state, and Cyril, the Mayor of this city, that in all things they may do your will, for your glory and the common good.

Hear us, O Christ.

Give to the Congress of the United States, the members of the President's Cabinet, those who serve in our state legislature, and all others in authority the grace to walk always in the ways of truth.

Hear us, O Christ.

Bless the justices of the Supreme Court and all those who administer the law, that they may act with integrity and do justice for all your people.

Hear us, O Christ.

Give us the will to use the resources of the earth to your glory and for the good of all.

Hear us, O Christ.

Bless and keep all your people,

Hear us, O Christ.

Comfort and liberate the lonely, the bereaved and the oppressed.

Hear us, O Christ.

Keep in safety those who travel and all who are in peril.

Hear us, O Christ.

Heal the sick in body, mind or spirit, especially Greg, Ray, Robert, Michelle, Hannah, Linda, Carter, Tom, Loyd, Mike, Betty Jean and Les, for all those on our parish prayer list and for all those on the Daughters of the King prayer list, and provide for the homeless, the hungry and the destitute.

Hear us, O Christ.

Guard and protect all children who are in danger.

Hear us, O Christ.

Show your compassion on prisoners, hostages and refugees, and all who are in trouble.

Hear us, O Christ.

Forgive our enemies, persecutors and slanderers, and turn their hearts.

Hear us, O Christ.

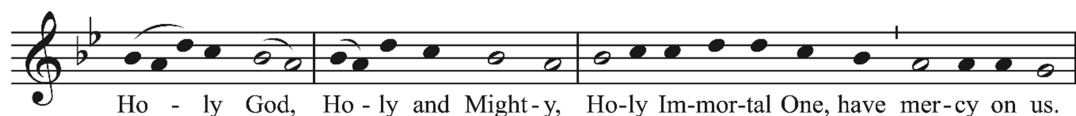
Hear us as we remember those who have died, and grant us with them a share in your eternal glory.

Hear us, O Christ.

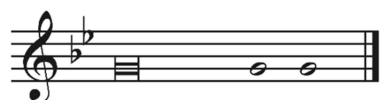
Give us true repentance; forgive us our sins of negligence and ignorance and our deliberate sins; and grant us the grace of your Holy Spirit to amend our lives according to your word.

Hear us, O Christ.

The Choir sings the following once, then all repeat twice.



Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.



Children depart for Children's Chapel.

The Word of God

The Lessons

A reading from the Book of Deuteronomy

26:1-11

When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the LORD, the God of our ancestors;

the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me." You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 91:1-2, 9-16

Qui habitat



*He whö dwells in the shelter of / the Móst High, **
abides under the shadow / of the Al-míghty.
² *He shall say to the LORD,*
*"You are my refuge | and my | stronghold, **
my God in | whom I | put my | trust."

⁹ *Because you have made the LORD / your réfuge, **
and the Most High / your ha-bi-tátion,
¹⁰ *There shall no evil | happen • to | you, **
neither shall any | plague come | near your | dwelling.

¹¹ *For he shall give his angels / charge óver you, **
to keep / you in áll your ways.
¹² *They shall | bear you • in their | hands, **
lest you dash your | foot a-|gainst a | stone.

¹³ *You shall tread upon the lion / and ádder; **
you shall trample the young lion and the ser-/pent ün-dér your feet.
¹⁴ *Because he is bound to me in love,*
*therefore will | I de-|liver him; **
I will protect him, be-|cause he | knows my | Name.

¹⁵ *He shall call upon me, and I / will ánsver him; **
I am with him in trouble;
I will rescue him and bring / him tö hónor.

¹⁶ With long life | will I | satisfy him, *
and | show him | my sal-|vation.

A reading from the Letter to the Romans

10:8b-13

"The word is near you,
on your lips and in your heart"

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

Reader The Word of the Lord.

People **Thanks be to God.**

Hymn 150 Forty days and forty nights

The Gospel

Luke 4:1-13

Gospeller The Holy Gospel of our Lord Jesus Christ according to Luke.

People **Glory to you, Lord Christ.**

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'"

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written,

'Worship the Lord your God,
and serve only him.'"

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written,

'He will command his angels concerning you,
to protect you,'

and

'On their hands they will bear you up,
so that you will not dash your foot against a stone.'"

Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

Gospeller The Gospel of the Lord.

People **Praise to you, Lord Christ.**

The Nicene Creed

p. 358

All stand.

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Confession of Sin

The Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you in thought, word, and deed,
by what we have done, and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ, have mercy on us and forgive us;
that we may delight in your will, and walk in your ways,
to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

p. 360

Celebrant The peace of the Lord be always with you.
People **And also with you.**

Then the Ministers and the People may greet one another in the name of the Lord.

The Holy Communion

Anthem at the Offertory

Wolfgang Amadeus Mozart

Ave verum corpus natum de Mariæ Virgine,
Hail, true body, born of the Virgin Mary,
Vere passum, immolatum in cruce pro homine,
Which truly suffered, sacrificed on the cross of humanity,
Cujus latus perforatum unda fluxit et sanguine:
From whose pierced side flowed water and blood:
Esto nobis prægustatum in mortis examine.
Be for us a foretaste in death's trial.

~ Innocent IV

The Great Thanksgiving

p. 361

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

Celebrant and People



The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

p. 364

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

The Breaking of the Bread

Agnus Dei

Healy Willan

O Lamb of God, that ta - kest a -
way the sins of the world, have mer - cy up -
on us. O Lamb of God, that
ta - kest a - way the sins of the world, have
mer - cy up - on us. O Lamb of
God, that ta - kest a - way the sins of the
world, grant us thy peace.

The Celebrant says

The Gifts of God for the People of God.

All are welcome at God's holy Altar. If you normally receive communion in another church, of any denomination, you are welcome to do so here. If you are drawn to Jesus, but not yet baptized into any Christian community, you are invited to come forward for a blessing. In that case, simply cross your arms over your chest at the rail, or ask the priest, and you will be given a blessing. Ask the priest afterwards about baptism and joining St. Mary's. We offer gluten-free wafers as well. Please let the priest know if you need one.

Music at the Communion

Motet

Josquin des Pres

Tu pauperum refugium, tu languorum remedium,

You are the refuge of the poor, you are the remedy of ills,

Spes exulum, fortido laborantium, via errantium, veritas et vita.

Hope of the exile, strength of the laborer, way of the wandering, truth and life.

Et nunc, Redemptor Domine, ad te solum confugio;

And now, O Redeemer Lord, to you alone I take refuge;

Te, verum Deum, adoro; in te spero; in te confido.
You, true God, I worship; in you I hope; in you I trust.
Salus mea, Jesu Christe, adiuva me,
Help me, O Jesus Christ, my salvation,
Ne unquam obdormiat in morte anima mea.
That my soul may not sleep in death.

Hymn 709 O God of Bethel, by whose hand

Post-Communion Prayer

p. 365

After Communion, the Celebrant says

Let us pray.

Celebrant and People

Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.

Solemn Prayer over the People

Celebrant: Bow down before the Lord.

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. **Amen.**

Dismissal

p. 366

Celebrant Let us go forth in the name of Christ.

People Thanks be to God.

Hymn 147 Now let us all with one accord

There will be no closing voluntaries during the Lenten season.

Participants in the Liturgy

Celebrant

The Rev'd Robert P. Travis

Preacher

The Rev'd Foster Mays

Lector

Pat Simcox

Eucharistic Ministers

Sally Bulla, Jean Almos

Verger

Kathy Conrad

Acolytes

Ford Ramsay, Whit Ramsay, Henry Simcox

Organist & Choirmaster

Charles Hogan

Virtual Verger

Willow Travis

Acknowledgements

Text for the liturgy from *The Book of Common Prayer*, New York: Church Publishing, 1979, 231, 355-365, 388-389; Search committee prayer: *Prayers for Pastor & People*, Compiled and edited by Carl G. Carozzi, New York: Church Publishing Incorporated, 1984, 139. Used with permission. The Bible text is from the New Revised Standard Version Bible, © 1989 by the Division of Christian Education of the National Council of the Churches of Christ in the USA, and used by permission. Originated in riteplanning.com, © 2020 Church Publishing Inc. All rights reserved. The following music is reprinted with permission under ONE LICENSE # A-716676. All rights reserved. Sanctus and Agnus Dei by Healy Willan; Memorial Acclamation Plainsong, Te Deum Tone; adapted and © Richard Proulx.

Herb Goins – Senior Warden
Jason Johnson
Candice Greig
Will Moore
Patrick Simcox
Ellen Walsh
Nancy Amos - Clerk

Vestry 2025
Tim Yates – Junior Warden
Steve Bingham
Hodge Cole
Lenora Sparks
Mark Penley
Amanda Gane

Keeping in Prayer this Week: We pray for those whose needs are closely linked with ours and for those who suffer from any sickness, grief or distress, also remembering and praying for those on our parish prayer list, including Helen Congdon, Linda Nitz, Emily Finch Johnson, Anne Miressi, Trish, Thea Oglesby, Steve, Jerri Phillips, Elizabeth White, Richard Glover, Rick and Margaret Lewis, Frankie Gurganus, Nancy Jenkins, Kathy, Diane Kearns, Joan Cardwell, Bill Fenn, Cheryl Warren, Debbie Ewing, Barry, Pat Hayes, Clara Blythe, Susan Hayne, Sam Hawley, Robert Eamon Kelly, David Stewart, Dick Shaler, Jane Gill-Shaler, Denni Mikola, Shirley, Greg Denison, Ray, Robert Taylor, Michelle Maynard, Hannah, Linda Focarelli, Carter, Tom Peterson, Loyd, Mike Hennen, Connie Strader, Ginny Long, Katherine Anne Marsh, Em, Phil Williams, Kim Williams, Michael, Jennifer Boggs, Land Hurley, Erin McDonough, Gary King, Betty Jean and Les Ipock.

About St Mary's Prayer List: St Mary's maintains a published prayer list, which is added to the service leaflet and to the e-news each week. To add someone, please secure permission to use either the first and/or last names from the person to be added, and then contact Denise Story at 336.884-4730 or by email at admin@stmaryshighpoint.org. Denise needs your name and contact information so we can get pastoral updates periodically. Individuals will be updated at the end of the month unless the request is renewed, which you are welcome to do at any time.

**Saint Mary's Episcopal Church
108 West Farriss Avenue
High Point, North Carolina 27262
336.886.4756
www.stmaryshighpoint.org**