



Saint Mary's Episcopal Church  
The Third Sunday in Lent  
Holy Eucharist  
Sunday, March 23, 2025  
11:00am

*Welcome to Saint Mary's! We are glad you are joining us today for either in person or online worship. If you're new to the Episcopal Church, know that we follow an ancient and enduring pattern of worship called Liturgy, which is designed to give glory to God and draw people closer to God. We sing and pray together, and stand, sit and kneel at different times using our bodies, minds and voices as we worship in the Spirit. All of those directions are in this guide, which is drawn from the Book of Common Prayer you see in the pew racks in front of you. We have communion every Sunday (and sometimes more often!) and everyone is invited to the altar, regardless of membership or from what denomination they've come. If you haven't been baptized, or aren't sure you're ready to receive communion, we invite you to come forward for a blessing and talk to a priest after the service about getting baptized. For more information about Saint Mary's, please see our website at [www.stmaryshighpoint.org](http://www.stmaryshighpoint.org) or check out our [Facebook Page](#).*

## Welcome and Announcements

**Voluntary** Go Down, Moses

*Fela Sowande*

*Please stand at the sound of the bell.*

**Hymn 143** The glory of these forty days

## The Word of God

## Penitential Order

## Opening Acclamation

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*The people standing, the Celebrant says*

*Celebrant* Bless the Lord who forgives our sins.

*People* His mercy endures for ever.

## The Decalogue

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

**Amen. Lord have mercy.**

You shall not make for yourself any idol.

**Amen. Lord have mercy.**

You shall not invoke with malice the Name of the Lord your God.  
**Amen. Lord have mercy.**

Remember the Sabbath day and keep it holy.  
**Amen. Lord have mercy.**

Honor your father and your mother.  
**Amen. Lord have mercy.**

You shall not commit murder.  
**Amen. Lord have mercy.**

You shall not commit adultery.  
**Amen. Lord have mercy.**

You shall not steal.  
**Amen. Lord have mercy.**

You shall not be a false witness.  
**Amen. Lord have mercy.**

You shall not covet anything that belongs to your neighbor.  
**Amen. Lord have mercy.**

## **Confession of Sin**

*The Celebrant says*

Let us confess our sins against God and our neighbor.

*Silence may be kept, then kneeling as you are able.*

*Minister and People*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*The Priest stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

***Kyrie eleison***

*Healy Willan*

Lord, have mer - cy up - on us. Lord, have mer - cy up -  
 on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -  
 on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -  
 on us. Lord, have mer - cy up - on us.  
 Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

**The Collect of the Day**

**pg. 218**

*Celebrant*      The Lord be with you.  
***People***        **And also with you.**  
*Celebrant*      Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*Be seated, children may go to the Children’s Chapel.*

**The Lessons**

**A reading from the Book of Exodus 3:1-15**

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the LORD appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, “I must turn aside and look at this great sight, and see why the bush is not burned up.” When the LORD saw that he had turned aside to see, God called to him out of the bush, “Moses, Moses!” And he said, “Here I am.” Then he said, “Come no closer!

Remove the sandals from your feet, for the place on which you are standing is holy ground.” He said further, “I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob.” And Moses hid his face, for he was afraid to look at God.

Then the LORD said, “I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt.” But Moses said to God, “Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?” He said, “I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain.”

But Moses said to God, “If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?” God said to Moses, “I AM WHO I AM.” He said further, “Thus you shall say to the Israelites, 'I AM has sent me to you.'” God also said to Moses, “Thus you shall say to the Israelites, 'The LORD, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you':

This is my name forever,  
and this my title for all generations.”

*Reader*            The Word of the Lord.

***People***            **Thanks be to God.**

### Psalm 63:1-8

*Deus, Deus, meus*



- 1 *O Gōd*, you are my God; eagerly / I séek you; \*  
my soul thirsts for you, my flesh faints for you,  
as in a barren and dry land where there / is nō wáter.
- 2 Therefore I have gazed upon you in your | holy | place, \*  
that I might behold your | pow-er | and your | glory.
- 3 For your loving-kindness is better / than lífe itself; \*  
my / lips sháll gíve you praise.
- 4 So will I bless you as | long as • I | live \*  
and lift up my | händs | in your | Name.

5 My soul is content, as with marrow / and fátness, \*  
and my mouth praises / you with jóyful lips,

6 When I remember you up- | on my | bed, \*  
and meditate on | yōu | in the | night watches.

7 For you have been / my hélper, \*  
and under the shadow of your / wings Ī will rejoice.

8 My | söul | clings to you; \*  
your | right hand | holds me | fast.

## A reading from the First Letter of Paul to the Corinthians

10:1-13

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness.

Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

*Reader*           The Word of the Lord.

***People***           **Thanks be to God.**

**Hymn 635** If thou but trust in God to guide thee

## The Gospel

**Luke 13:1-9**

*Gospeller*       The Holy Gospel of our Lord Jesus Christ according to Luke.

***People***       **Glory to you, Lord Christ.**

At that very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, "Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them--do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did."

Then he told this parable: "A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, 'See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?' He replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.'"

*Gospeller*      The Gospel of the Lord.  
*People*         Praise to you, Lord Christ.

## The Sermon

The Rev'd Foster Mays

## The Nicene Creed

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*All stand.*

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.

**He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## **The Prayers of the People**

With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."

For the peace from above, for the loving kindness of God, and for the salvation of our souls, let us pray to the Lord.

**Lord, have mercy.**

For the peace of the world, especially in Ukraine, Israel and Palestine, for the welfare of the holy Church of God, for Iglesia Anglicana de la Region Central de America, St. Stephen's, Erwin, Trinity, Fuquay-Varina, our companion dioceses of Botswana and Costa Rica, most especially Santa Maria Siquierres, and for the unity of all peoples, let us pray to the Lord.

**Lord, have mercy.**

For our Bishop, and for all the clergy and people, let us pray to the Lord.

**Lord, have mercy.**

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

**Lord, have mercy.**

For this city, for every city and community, and for those who live in them, let us pray to the Lord.

**Lord, have mercy.**

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

**Lord, have mercy.**

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, for all those on our parish prayer list, especially Gary, Betty Jean and Les, Helen, Linda, Emily, Anne, Trish, Thea, Steve, Jerri, and all those on the Daughters of the King prayer list, let us pray to the Lord.

**Lord, have mercy.**

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

**Lord, have mercy.**

For all who have died in the hope of the resurrection, and for all the departed let us pray to the Lord.

**Lord, have mercy.**

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

**Lord, have mercy.**

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

**Lord, have mercy.**

In the communion of the Ever Blessed Virgin Mary and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

**To you, O Lord our God.**

*The Celebrant adds a concluding Collect.*

## The Peace

p. 360

*Celebrant* The peace of the Lord be always with you.

*People* **And also with you.**

*Then the Ministers and the People may greet one another in the name of the Lord.*

## The Holy Communion

### Offertory Anthem

*Richard Farrant*

Call to remembrance, O Lord, thy tender mercy and thy loving kindness which hath been ever of old. O remember not the sins and offences of my youth, but according to thy mercy think thou on me, O Lord, for thy goodness. ~ *Psalm 25*

## The Great Thanksgiving

p. 367

*Celebrant* The Lord be with you. *People* And al - so with you.

*Celebrant* Lift up your hearts. *People* We lift them to the Lord.

*Celebrant* Let us give thanks to the Lord our God.

*People* It is right to give him thanks and praise.

*Facing the Holy Table, the Celebrant proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



## Sanctus & Benedictus

Healy Willan



### *The Celebrant continues*

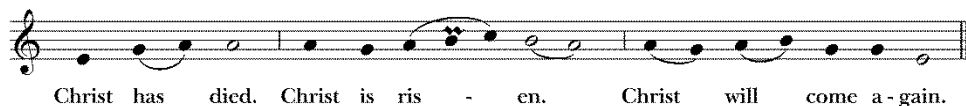
Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

### *Celebrant and People*



### *The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

*People and Celebrant*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,  
as we forgive those who trespass against us.

And lead us not into temptation,  
but deliver us from evil.

For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

### The Breaking of the Bread

#### *Agnus Dei*

*Healy Willan*

O Lamb of God, that ta - kest a -  
way the sins of the world, have mer - cy up -  
on us. O Lamb of God, that  
ta - kest a - way the sins of the world, have  
mer - cy up - on us. O Lamb of  
God, that ta - kest a - way the sins of the  
world, grant us thy peace.

*The Celebrant says*

The Gifts of God for the People of God.

## Music at the Communion

**Motet**     A Hymn to God the Father

Wilt thou forgive that sin where I begun,  
Which was my sin, though it were done before?  
Wilt thou forgive that sin, through which I run,  
And do run still, though still I do deplore?  
When thou hast done, thou hast not done,  
For I have more.

Wilt thou forgive that sin which I have won  
Others to sin, and made my sin their door?  
Wilt thou forgive that sin which I did shun  
A year or two, but wallow'd in, a score?  
When thou hast done, thou hast not done,  
For I have more.

I have a sin of fear, that when I have spun  
My last thread, I shall perish on the shore;  
But swear by thyself, that at my death thy Son  
Shall shine as he shines now, and heretofore;  
And, having done that, thou hast done;  
I fear no more.

*John Hilton*

*Harm., Roy Kehl; arr.*

*John Donne*

**Hymn 574**     Before thy throne, O God, we kneel

## Post-Communion Prayer

p. 365

*After Communion, the Celebrant says*

Let us pray.

*Celebrant and People*

**Eternal God, heavenly Father,**  
**you have graciously accepted us as living members**  
**of your Son our Savior Jesus Christ,**  
**and you have fed us with spiritual food**  
**in the Sacrament of his Body and Blood.**  
**Send us now into the world in peace,**  
**and grant us strength and courage**  
**to love and serve you**  
**with gladness and singleness of heart;**  
**through Christ our Lord. Amen.**

*Bow down before the Lord.*

### **Solemn Prayer over the People**

Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord. **Amen.**

### **Dismissal**

**p. 366**

*Celebrant* Let us go forth in the name of Christ.

**People** **Thanks be to God.**

**Hymn 636** How firm a foundation

*There are no closing voluntaries during Lent.*

## Participants in the Liturgy

### *Celebrant*

The Rev'd Robert P. Travis

### *Preacher*

The Rev'd Foster Mays

### *Lector*

Phil Johnston

### *Verger*

Kathy Conrad

### *Eucharistic Ministers*

Betsy Lehman, Brenda Jones

### *Acolytes*

Griffin Hawks, Mason Hawks, Henry Simcox

### *Organist & Choirmaster*

Charles Hogan

### *Virtual Verger*

Nick Archibald

### Acknowledgements

Text for the liturgy from *The Book of Common Prayer*, New York: Church Publishing, 1979, 231, 355-365, 388-389; Search committee prayer: *Prayers for Pastor & People*, Compiled and edited by Carl G. Carozzi, New York: Church Publishing Incorporated, 1984, 139. Used with permission. The Bible text is from the New Revised Standard Version Bible, © 1989 by the Division of Christian Education of the National Council of the Churches of Christ in the USA, and used by permission. Originated in riteplanning.com, © 2020 Church Publishing Inc. All rights reserved. The following music is reprinted with permission under ONE LICENSE # A-716676. All rights reserved. Kyrie, Sanctus and Agnus Dei by Healy Willan, Memorial Acclamation Plainsong, Te Deum Tone; adapted and © Richard Proulx.

**Herb Goins – Senior Warden**  
**Jason Johnson**  
**Candice Greig**  
**Will Moore**  
**Patrick Simcox**  
**Ellen Walsh**  
**Nancy Amos - Clerk**

### **Vestry 2025**

**Tim Yates – Junior Warden**  
**Steve Bingham**  
**Hodge Cole**  
**Lenora Sparks**  
**Mark Penley**  
**Amanda Gane**

***Keeping in Prayer this Week:*** We pray for those whose needs are closely linked with ours and for those who suffer from any sickness, grief or distress, also remembering and praying for those on our parish prayer list, including Helen Congdon, Linda Nitz, Emily Finch Johnson, Anne Miressi, Trish, Thea Oglesby, Steve, Jerri Phillips, Elizabeth White, Richard Glover, Rick and Margaret Lewis, Frankie Gurganus, Nancy Jenkins, Kathy, Diane Kearns, Joan Cardwell, Bill Fenn, Cheryl Warren, Debbie Ewing, Barry, Pat Hayes, Clara Blythe, Susan Hayne, Sam Hawley, Robert Eamon Kelly, David Stewart, Dick Shaler, Jane Gill-Shaler, Denni Mikola, Shirley, Greg Denison, Ray, Robert Taylor, Michelle Maynard, Hannah, Linda Focarelli, Carter, Tom Peterson, Loyd, Mike Hennen, Connie Strader, Ginny Long, Katherine Anne Marsh, Em, Phil Williams, Kim Williams, Michael, Jennifer Boggs, Land Hurley, Erin McDonough, Gary King, Betty Jean, Les Ipock, and Reece White.

***About St Mary's Prayer List:*** St Mary's maintains a published prayer list, which is added to the service leaflet and to the e-news each week. To add someone, please secure permission to use either the first and/or last names from the person to be added, and then contact Denise Story at 336.884-4730 or by email at [admin@stmaryshighpoint.org](mailto:admin@stmaryshighpoint.org). Denise needs your name and contact information so we can get pastoral updates periodically. Individuals will be updated at the end of the month unless the request is renewed, which you are welcome to do at any time.

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