



Saint Mary's Episcopal Church
The Sixteenth Sunday after Pentecost:
Holy Eucharist
Sunday, September 8, 2024
11:00am

Welcome to Saint Mary's! We are glad you are joining us today for either in person or online worship. If you're new to the Episcopal Church, know that we follow an ancient and enduring pattern of worship called Liturgy, which is designed to give glory to God and draw people closer to God. We sing and pray together, and stand, sit and kneel at different times using our bodies, minds and voices as we worship in the Spirit. All of those directions are in this guide, which is drawn from the Book of Common Prayer you see in the pew racks in front of you. We have communion every Sunday (and sometimes more often!) and everyone is invited to the altar, regardless of membership or from what denomination they've come. If you haven't been baptized, or aren't sure you're ready to receive communion, we invite you to come forward for a blessing and talk to a priest after the service about getting baptized. For more information about Saint Mary's, please see our website at www.stmaryshighpoint.org or check out our [Facebook Page](#).

The liturgy begins on page 355 in *The Book of Common Prayer*.

Voluntary

Welcome & Announcements

The Word of God

All stand, as able.

Hymn 390 Praise ye the Lord, the Almighty

The Celebrant says

Blessed be God: Father, Son, and Holy Spirit.

People And blessed be his kingdom, now and for ever. Amen.

The Celebrant continues

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria in excelsis Deo

Eddie Bass

accomp.
Glo-ry to God in the high - est, and peace to his peo-ple on
earth. Lord God, hea-ven - ly King, al-migh - ty God and Fa - ther, we
wor-ship you, we give you thanks, we praise you for your glo - ry.
Lord Je - sus Christ, on - ly Son of the Fa - ther, Lord God, Lamb of
God, you take a - way the sin of the world: have mer - cy on us;
you are seat - ed at the right hand of the Fa - ther: re -
ceive our prayer. For you a - lone are the Ho - ly One,
you a - lone are the Lord, you a - lone are the Most High,
Je - sus Christ, with the Ho - ly Spi - rit, in the glo - ry of God the Fa - ther. A - men.
slower

The Collect of the Day

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Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Grant us, O Lord, to trust in you with all our hearts; for, as you always resist the proud who confide in their own strength, so you never forsake those who make their boast of your mercy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Children depart for Children's Chapel.

The Lessons

All are seated.

A reading from the Book of Isaiah

35:4-7a

Say to those who are of a fearful heart,
‘Be strong, do not fear!
Here is your God.
He will come with vengeance,
with terrible recompense.
He will come and save you.’

Then the eyes of the blind shall be opened,
and the ears of the deaf unstopped;
then the lame shall leap like a deer,
and the tongue of the speechless sing for joy.
For waters shall break forth in the wilderness,
and streams in the desert;
the burning sand shall become a pool,
and the thirsty ground springs of water;

Reader The Word of the Lord.
People **Thanks be to God.**

Psalm 146

Lauda, anima mea

Percy Buck



Hallelujah!

Praise the LORD, | O my | soul! *

I will praise the LORD as long as I live;

I will sing praises to my | God • while I | have my | being.

² Put not your trust in rulers, nor in any | child of | earth, *
for | there is • no | help in | them.

Second half of the chant

³ When they breathe their last, they re- | turn to | earth, *
and in that | day their | thoughts | perish.

⁴ Happy are they who have the God of | Jacob • for their | help! *
whose | hope is • in the | LORD their | God;

⁵ Who made heaven and earth, the seas, and | all that • is | in them; *
who | keeps his | pro•mise for | ever;

⁶ Who gives justice to | those who • are op-| pressed, *
and | food to | those who | hunger.

⁷ The LORD sets the prisoners free;
the LORD opens the | eyes of • the | blind; *
the LORD lifts up | those who | are bowed | down;

⁸ The LORD loves the righteous;
the LORD | cares for • the | stranger; *
he sustains the orphan and widow,
but | frustrates • the | way • of the | wicked.

⁹ The LORD shall | reign for | ever, *
your God, O Zion, throughout all generations.
| Hal —| — le-| lujah!

A Reading from the Letter of James

2:1-10, 14-17

My brothers and sisters, do you with your acts of favoritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, "Have a seat here, please," while to the one who is poor you say, "Stand there," or, "Sit at my feet," have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonored the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you?

You do well if you really fulfill the royal law according to the scripture, "You shall love your neighbor as yourself." But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it.

What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, "Go in peace; keep warm and eat your fill," and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead.

Reader The Word of the Lord.

People **Thanks be to God.**

Please stand, as you are able.

Hymn 568 Father all loving, who rulest in majesty

The Gospel

Mark 7:24-37

Gospeller The Holy Gospel of our Lord Jesus Christ according to Mark.

People **Glory to you, Lord Christ.**

Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophenician origin. She begged him to cast the demon out of her daughter. He said to her, "Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs." But she answered him, "Sir, even the dogs under the table eat the children's crumbs." Then he said to her, "For saying that, you may go—the demon has left your daughter." So she went home, found the child lying on the bed, and the demon gone.

Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, "Ephphatha," that is, "Be opened." And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, "He has done everything well; he even makes the deaf to hear and the mute to speak."

Gospeller The Gospel of the Lord.

People **Praise to you, Lord Christ.**

The Sermon

All are seated.

The Rev'd Foster Mays

All stand and say together

The Nicene Creed

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We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

The Leader and People pray responsively.

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world especially peaceful resolution to wars in Ukraine, Israel and Palestine;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God; especially The Church of the Province of Myanmar (Burma); Calvary Church, St. Luke's, St. Michael's, Tarboro; and our companion dioceses of Botswana and Costa Rica, most especially Santa Maria Siquierres.

For all who proclaim the Gospel, and all who seek the Truth.

For Michael our Presiding Bishop, and Sam and Jennifer our Bishops; and for all bishops and other ministers;

For all who serve God in his Church.

For the special needs and concerns of this congregation; especially Michelle, Hannah, Linda, Carter, Tom, Loyd, Mike, Connie, Ginny, Katherine, Michael, and all those on our Parish Prayer List and all those on the Daughters of the King Prayer List.

Silence

The People may add their own petitions.

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings.

We will exalt you, O God our King;

And praise your Name for ever and ever.

We pray for all who have died that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions.

Lord, let your loving-kindness be upon them;

Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.

Standing, the Celebrant says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

All stand.

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Celebrant The peace of the Lord be always with you.

People And also with you.

Then the Ministers and the People may greet one another in the name of the Lord.

The Holy Communion

Offertory

Orlando Gibbons

Almighty and everlasting God, mercifully look upon our infirmities, and in all our dangers and necessities, stretch forth thy right hand to help and defend us, through Christ our Lord. Amen.

The Great Thanksgiving

Eucharistic Prayer A

All stand

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Celebrant The Lord be with you. *People* And al - so with you.

Celebrant Lift up your hearts. *People* We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

The Celebrant continues.

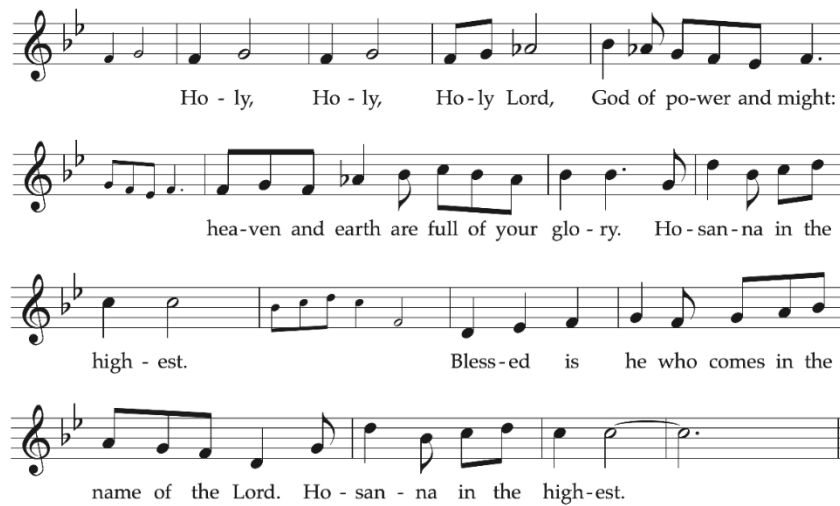
It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth;

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

Eddie Bass



Ho - ly, Ho - ly, Ho - ly Lord, God of po - wer and might:
hea - ven and earth are full of your glo - ry. Ho - san - na in the
high - est. Bless - ed is he who comes in the
name of the Lord. Ho - san - na in the high - est.

The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

**Christ has died.
Christ is risen.
Christ will come again.**

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



Celebrant And now, as our Savior Christ has taught us, we are bold to say,

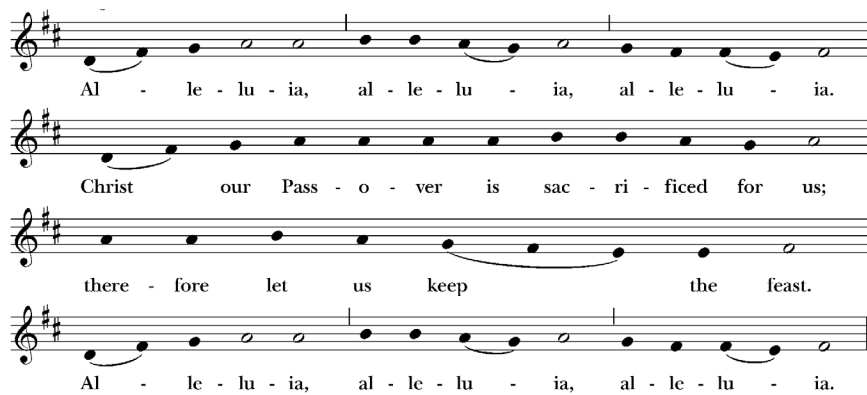
All Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

The Breaking of the Bread

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Fraction Anthem

David Hurd



The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Music at the Communion

Agnus Dei

Edmund Rubbra, Missa brevis in honorem Sancti Dominici

Agnus Dei, qui tollis peccata mundi: miserere nobis.

O Lamb of God, who takes away the sins of the world, have mercy upon us.

Agnus Dei, qui tollis peccata mundi: miserere nobis.

O Lamb of God, who takes away the sins of the world, have mercy upon us.

Agnus Dei, qui tollis peccata mundi: dona nobis pacem.

O Lamb of God, who takes away the sins of the world, grant us peace.

Hymn

1 From miles a - round the sick ones came, In
2 And still they come, new preys of plague, while
3 Re - call us to our mis - sion, Lord, to
hope that One they heard ___ was Lord would
oft - en in their rooms ___ of prayer God's
reach for those cut off, ___ in pain; to
make their souls and bod - ies well, with
peo - ple wor - ship, safe and sound, un -
of - fer friend - ship, strength, and peace and
heal - ing touch or sav - ing word.
heed - ing, ev - en un - a - ware.
be a faith - ful church ___ a - gain.

Sending Out Prayer

Celebrant and People

As the people of Saint Mary's, we send you forth bearing these holy gifts that those to whom you go may share with us in the communion of Christ's body and blood. We who are many are one body, because we all share one bread one cup. Amen.

After Communion, all kneel as able and the Celebrant says

Let us pray.

Celebrant and People

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Celebrant blesses the people and then they are dismissed, responding

People Thanks be to God

Hymn 344 Lord, dismiss us with thy blessing

Voluntary

Altar flowers: The flowers are given to the glory of God and in memory of Dr. and Mrs. George Hobart, former St. Mary's parishioners.

Scan this QR code with your smart phone to give or to make a pledge payment. We appreciate your support of St. Mary's and our parish's ministries which serve our community and beyond.



Participants in the Liturgy

Celebrant

The Rev'd Robert P. Travis

Preacher

The Rev'd Foster Mays

Lector

Hallie Hogan

Vergers

Kathy Conrad

Eucharistic Ministers

Jorie Doster, Diane Popalis

Acolytes

Jonathan Richardson, Aaron Sparks, Willow Travis

Organist & Choirmaster

Charles Hogan

Video & audio engineering

Robin Hardman

Acknowledgements

Text for the liturgy from *The Book of Common Prayer*, New York: Church Publishing, 1979, 231, 355-365, 388-389; Search committee prayer: *Prayers for Pastor & People*, Compiled and edited by Carl G. Carozzi, New York: Church Publishing Incorporated, 1984, 139. Used with permission. The Bible text is from the New Revised Standard Version Bible, © 1989 by the Division of Christian Education of the National Council of the Churches of Christ in the USA, and used by permission. Originated in riteplanning.com, © 2020 Church Publishing Inc. All rights reserved.

Herb Goins – Senior Warden
Jason Johnson – Clerk
Emily Fisher
Sally Bulla
Candice Greig
Will Moore
Patrick Simcox

Vestry 2024
John Wall – Junior Warden
Stephen Greig – Treasurer
Audrey Congdon Harris
Steve Bingham
Hodge Cole
Lenora Sparks
Mark Penley

Keeping in Prayer this Week: We pray for those whose needs are closely linked with ours and for those who suffer from any sickness, grief or distress, also remembering and praying for those on our parish prayer list, including Helen Congdon, Linda Nitz, Emily Finch Johnson, Anne Miressi, Trish, Thea Oglesby, Steve, Jerri Phillips, Elizabeth White, Richard Glover, Rick and Margaret Lewis, Frankie Gurganus, Nancy Jenkins, Kathy, Diane Kearns, Joan Cardwell, Bill Fenn, Cheryl Warren, Debbie Ewing, Barry, Helen Idol, Jo Stillely, Pat Hayes, Gloria, Clara Blythe, Susan Hayne, Sam Hawley, Robert Eamon Kelly, David Stewart, Dick Shaler, Jane Gill-Shaler, Denni Mikola, Shirley, Greg Denison, Ray, Robert Taylor, Michelle Maynard, Hannah, Linda Focarelli, Carter, Tom Peterson, Loyd, Mike Hennen, Connie Strader, Ginny Long, Katherine Anne Marsh, Em, Phil Williams, Kim Williams, Michael.

About St Mary's Prayer List: St Mary's maintains a published prayer list, which is added to the service leaflet and to the e-news each week. To add someone, please secure permission to use either the first and/or last names from the person to be added, and then contact Denise Story at 336.886.4756 or by email at admin@stmarysepis.org. Denise needs your name and contact information so we can get pastoral updates periodically. Individuals will be updated at the end of the month unless the request is renewed, which you are welcome to do at any time.

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