

Saint Mary's Episcopal Church
The Nineteenth Sunday after Pentecost:
Holy Eucharist
Sunday, September 29, 2024
11:00am

Welcome to Saint Mary's! We are glad you are joining us today for either in person or online worship. If you're new to the Episcopal Church, know that we follow an ancient and enduring pattern of worship called Liturgy, which is designed to give glory to God and draw people closer to God. We sing and pray together, and stand, sit and kneel at different times using our bodies, minds and voices as we worship in the Spirit. All of those directions are in this guide, which is drawn from the Book of Common Prayer you see in the pew racks in front of you. We have communion every Sunday (and sometimes more often!) and everyone is invited to the altar, regardless of membership or from what denomination they've come. If you haven't been baptized, or aren't sure you're ready to receive communion, we invite you to come forward for a blessing and talk to a priest after the service about getting baptized. For more information about Saint Mary's, please see our website at www.stmaryshighpoint.org or check out our [Facebook Page](#).

The liturgy begins on page 355 in *The Book of Common Prayer*.

Voluntary

Welcome & Announcements

The Word of God

All stand, as able.

Hymn 432 O praise ye the Lord

The Celebrant says

Blessed be God: Father, Son, and Holy Spirit.

People And blessed be his kingdom, now and for ever. Amen.

The Celebrant continues

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria in excelsis Deo

Eddie Bass

accomp.

Glo-ry to God in the high - est, and peace to his peo-ple on

earth. Lord God, hea-ven - ly King, al-migh-ty God and Fa - ther, we

wor-ship you, we give you thanks, we praise you for your glo-ry. accomp.

Lord Je - sus Christ, on - ly Son of the Fa - ther, Lord God, Lamb of

God, you take a - way the sin of the world: have mer - cy on us; accomp.

you are seat - ed at the right hand of the Fa - ther: re -

ceive our prayer. accomp. For you a-lone are the Ho - ly One,

you a - lone are the Lord, you a - lone are the Most High,

Je - sus Christ, with the Ho-ly Spi-rit, in the glo - ry of God the Fa - ther. slower A - men.

The Collect of the Day

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Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

O God, you declare your almighty power chiefly in showing mercy and pity: Grant us the fullness of your grace, that we, running to obtain your promises, may become partakers of your heavenly treasure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Children depart for Children's Chapel.

The Lessons

All are seated.

A reading from the Book of Numbers

11:4-6, 10-16, 24-29

The rabble among them had a strong craving; and the Israelites also wept again, and said, “If only we had meat to eat! We remember the fish we used to eat in Egypt for nothing, the cucumbers, the melons, the leeks, the onions, and the garlic; but now our strength is dried up, and there is nothing at all but this manna to look at.”

Moses heard the people weeping throughout their families, all at the entrances of their tents. Then the LORD became very angry, and Moses was displeased. So Moses said to the LORD, “Why have you treated your servant so badly? Why have I not found favor in your sight, that you lay the burden of all this people on me? Did I conceive all this people? Did I give birth to them, that you should say to me, ‘Carry them in your bosom, as a nurse carries a sucking child,’ to the land that you promised on oath to their ancestors? Where am I to get meat to give to all this people? For they come weeping to me and say, ‘Give us meat to eat!’ I am not able to carry all this people alone, for they are too heavy for me. If this is the way you are going to treat me, put me to death at once—if I have found favor in your sight—and do not let me see my misery.”

So the LORD said to Moses, “Gather for me seventy of the elders of Israel, whom you know to be the elders of the people and officers over them; bring them to the tent of meeting, and have them take their place there with you.”

So Moses went out and told the people the words of the LORD; and he gathered seventy elders of the people, and placed them all around the tent. Then the LORD came down in the cloud and spoke to him, and took some of the spirit that was on him and put it on the seventy elders; and when the spirit rested upon them, they prophesied. But they did not do so again.

Two men remained in the camp, one named Eldad, and the other named Medad, and the spirit rested on them; they were among those registered, but they had not gone out to the tent, and so they prophesied in the camp. And a young man ran and told Moses, “Eldad and Medad are prophesying in the camp.” And Joshua son of Nun, the assistant of Moses, one of his chosen men, said, “My lord Moses, stop them!” But Moses said to him, “Are you jealous for my sake? Would that all the LORD’s people were prophets, and that the LORD would put his spirit on them!”

Reader The Word of the Lord.
People Thanks be to God.

Psalm 19:7-14

Caeli enarrant

Percy Buck



- ⁷ The law of the Lord is perfect
and re- | lives the | soul; *
the testimony of the Lord is sure
and gives | wisdom | to the | innocent.
- ⁸ The statutes of the Lord are just
and re- | jice the | heart; *
the commandment of the Lord is clear
and gives | light | to the | eyes.
- ⁹ The fear of the Lord is clean
and en- | dures for | ever; *
the judgments of the Lord are true
and | righteous | alto- | gether.
- ¹⁰ More to be desired are they than gold,
more than | much fine | gold, *
sweeter far than honey,
than | honey | in the | comb.
- ¹¹ By them also is your | servant • en- | lightened, *
and in keeping them | there is | great re- | ward.
- ¹² Who can tell how often | he of- | fends? *
cleanse me | from my | secret | faults.
- ¹³ Above all, keep your servant from presumptuous sins;
let them not get do- | minion | over me; *
then shall I be whole and sound,
and | innocent • of a | great of- | fense.
- ¹⁴ Let the words of my mouth and the meditation of my heart be ac- | ceptable • in your | sight, *
O Lord, my | strength and | my re- | deemer.

A Reading from the Letter of James

5:13-20

Are any among you suffering? They should pray. Are any cheerful? They should sing songs of praise. Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven. Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective. Elijah was a human being like us, and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again, and the heaven gave rain and the earth yielded its harvest.

My brothers and sisters, if anyone among you wanders from the truth and is brought back by another, you should know that whoever brings back a sinner from wandering will save the sinner's soul from death and will cover a multitude of sins.

Reader The Word of the Lord.
People Thanks be to God.

Please stand, as you are able.

Hymn 359, omit stanza 4

God of the prophets

The Gospel

Mark 9:38-50

Gospeller The Holy Gospel of our Lord Jesus Christ according to Mark.
People **Glory to you, Lord Christ.**

John said to Jesus, "Teacher, we saw someone casting out demons in your name, and we tried to stop him, because he was not following us." But Jesus said, "Do not stop him; for no one who does a deed of power in my name will be able soon afterward to speak evil of me. Whoever is not against us is for us. For truly I tell you, whoever gives you a cup of water to drink because you bear the name of Christ will by no means lose the reward.

"If any of you put a stumbling block before one of these little ones who believe in me, it would be better for you if a great millstone were hung around your neck and you were thrown into the sea. If your hand causes you to stumble, cut it off; it is better for you to enter life maimed than to have two hands and to go to hell, to the unquenchable fire. And if your foot causes you to stumble, cut it off; it is better for you to enter life lame than to have two feet and to be thrown into hell. And if your eye causes you to stumble, tear it out; it is better for you to enter the kingdom of God with one eye than to have two eyes and to be thrown into hell, where their worm never dies, and the fire is never quenched.

"For everyone will be salted with fire. Salt is good; but if salt has lost its saltiness, how can you season it? Have salt in yourselves, and be at peace with one another."

Gospeller The Gospel of the Lord.
People **Praise to you, Lord Christ.**

The Sermon

All are seated.

The Rev'd Carroll Travis

All stand and say together

The Nicene Creed

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We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

The Leader and People pray responsively.

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world especially peaceful resolution to wars in The Sudans, Ukraine, Israel and Palestine;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God; especially The Church of Pakistan (United); St. Margaret's, Waxhaw, Grace Church, Weldon; and our companion dioceses of Botswana and Costa Rica, most especially Santa Maria Siquierres.

For all who proclaim the Gospel, and all who seek the Truth.

For Michael our Presiding Bishop, Sean, our Presiding Bishop-elect, and Sam and Jennifer our Bishops; and for all bishops and other ministers;

For all who serve God in his Church.

For the special needs and concerns of this congregation; especially Bill, Cheryl, Debbie, Barry, Helen, Jo, Pat, Gloria, Clara, Susan, and all those on our Parish Prayer List and all those on the Daughters of the King Prayer List.

Silence

The People may add their own petitions.

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings.

We will exalt you, O God our King;

And praise your Name for ever and ever.

We pray for all who have died that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions.

Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

**Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.**

Standing, the Celebrant says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

All stand.

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Celebrant The peace of the Lord be always with you.

People And also with you.

Then the Ministers and the People may greet one another in the name of the Lord.

The Holy Communion

Offertory

William H. Harris

Come down, O Love divine,
seek thou this soul of mine,
and visit it
 with thine own ardor glowing;
O Comforter, draw near,
within my heart appear,
and kindle it,
 thy holy flame bestowing.

Let holy charity
Mine outward vesture be,
And lowliness
 become mine inner clothing;
True lowliness of heart,
Which takes the humbler part,
And o'er its own
 short-comings weeps with loathing.

O let it freely burn,
till earthly passions turn
to dust and ashes
 in its heat consuming;
and let thy glorious light
shine ever on my sight,
and clothe me round,
 the while my path illuming.

And so the yearning strong,
with which the soul will long,
shall far outpass
 the power of human telling;
for none can guess its grace,
till Love create a place
wherein the Holy Spirit
 makes a dwelling.

~ Bianca da Siena, tr. R.F. Littledale

The Great Thanksgiving

Celebrant *People*
 The Lord be with you. And al - so with you.

Celebrant *People*
 Lift up your hearts. We lift them to the Lord.

Celebrant
 Let us give thanks to the Lord our God.

People
 It is right to give him thanks and praise.

The Celebrant continues.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth;

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Celebrant and People**Eddie Bass*

Ho - ly, Ho - ly, Ho - ly Lord, God of po - wer and might:
 hea - ven and earth are full of your glo - ry. Ho - san - na in the
 high - est. Bless - ed is he who comes in the
 name of the Lord. Ho - san - na in the high - est.

The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving.

Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



Celebrant And now, as our Savior Christ has taught us, we are bold to say,

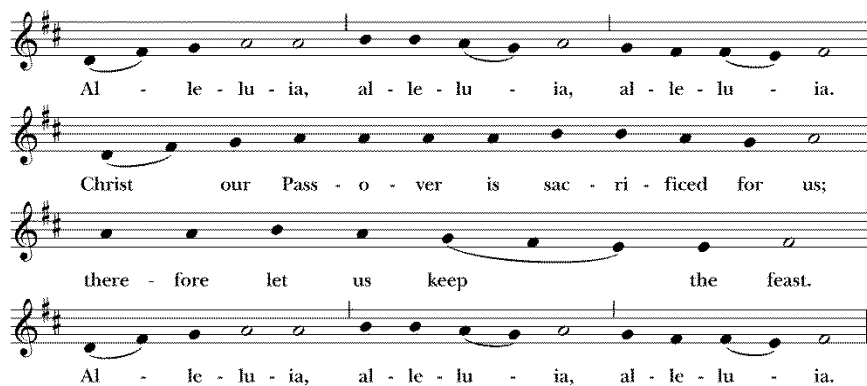
All Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

The Breaking of the Bread

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Fraction Anthem

David Hurd



The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Music at the Communion

Agnus Dei

William Byrd, Mass for Three Voices

Agnus Dei, qui tollis peccata mundi: miserere nobis.

O Lamb of God, who takes away the sins of the world, have mercy upon us.

Agnus Dei, qui tollis peccata mundi: miserere nobis.

O Lamb of God, who takes away the sins of the world, have mercy upon us.

Agnus Dei, qui tollis peccata mundi: dona nobis pacem.

O Lamb of God, who takes away the sins of the world, grant us peace.

Hymn 309 O Food to pilgrims given

Sending Out Prayer

Celebrant and People

As the people of Saint Mary's, we send you forth bearing these holy gifts that those to whom you go may share with us in the communion of Christ's body and blood. We who are many are one body, because we all share one bread one cup. Amen.

After Communion, all kneel as able and the Celebrant says

Let us pray.

Celebrant and People

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Celebrant blesses the people and then they are dismissed, responding

People **Thanks be to God**

Hymn 539 O Zion, haste, thy mission high fulfilling

Voluntary

Altar flowers: The flowers are given to the Glory of God and in loving memory of Mazie and Jake Froelich by their children and grandchildren.

Scan this QR code with your smart phone to give or to make a pledge payment. We appreciate your support of St. Mary's and our parish's ministries which serve our community and beyond.



Participants in the Liturgy

Celebrant

The Rev'd Foster Mays

Preacher

The Rev'd Carroll Travis

Lector

Laura Simcox

Vergers

Kathy Conrad

Eucharistic Ministers

Jorie Doster

Acolytes

Henry Simcox, Willow Travis, Henry Danielik

Organist & Choirmaster

Charles Hogan

Video & audio engineering

Robin Hardman

Acknowledgements

Text for the liturgy from *The Book of Common Prayer*, New York: Church Publishing, 1979, 231, 355-365, 388-389; Search committee prayer: *Prayers for Pastor & People*, Compiled and edited by Carl G. Carlozzi, New York: Church Publishing Incorporated, 1984, 139. Used with permission. The Bible text is from the New Revised Standard Version Bible, © 1989 by the Division of Christian Education of the National Council of the Churches of Christ in the USA, and used by permission. Originated in riteplanning.com, © 2020 Church Publishing Inc. All rights reserved.

Herb Goins – Senior Warden

Jason Johnson – Clerk

Emily Fisher

Sally Bulla

Candice Greig

Will Moore

Patrick Simcox

Vestry 2024

John Wall – Junior Warden

Stephen Greig – Treasurer

Audrey Congdon Harris

Steve Bingham

Hodge Cole

Lenora Sparks

Mark Penley

Keeping in Prayer this Week: We pray for those whose needs are closely linked with ours and for those who suffer from any sickness, grief or distress, also remembering and praying for those on our parish prayer list, including Helen Congdon, Linda Nitz, Emily Finch Johnson, Anne Miressi, Trish, Thea Oglesby, Steve, Jerri Phillips, Elizabeth White, Richard Glover, Rick and Margaret Lewis, Frankie Gurganus, Nancy Jenkins, Kathy, Diane Kearns, Joan Cardwell, Bill Fenn, Cheryl Warren, Debbie Ewing, Barry, Helen Idol, Jo Stilley, Pat Hayes, Gloria, Clara Blythe, Susan Hayne, Sam Hawley, Robert Eamon Kelly, David Stewart, Dick Shaler, Jane Gill-Shaler, Denni Mikola, Shirley, Greg Denison, Ray, Robert Taylor, Michelle Maynard, Hannah, Linda Focarelli, Carter, Tom Peterson, Loyd, Mike Hennen, Connie Strader, Ginny Long, Katherine Anne Marsh, Em, Phil Williams, Kim Williams, Michael.

About St Mary's Prayer List: St Mary's maintains a published prayer list, which is added to the service leaflet and to the e-news each week. To add someone, please secure permission to use either the first and/or last names from the person to be added, and then contact Denise Story at 336.886.4756 or by email at admin@stmarysepisc.org. Denise needs your name and contact information so we can get pastoral updates periodically. Individuals will be updated at the end of the month unless the request is renewed, which you are welcome to do at any time.

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