



Saint Mary's Episcopal Church
The Fifteenth Sunday after Pentecost:
Holy Eucharist
Sunday, September 1, 2024
11:00am

Welcome to Saint Mary's! We are glad you are joining us today for either in person or online worship. If you're new to the Episcopal Church, know that we follow an ancient and enduring pattern of worship called Liturgy, which is designed to give glory to God and draw people closer to God. We sing and pray together, and stand, sit and kneel at different times using our bodies, minds and voices as we worship in the Spirit. All of those directions are in this guide, which is drawn from the Book of Common Prayer you see in the pew racks in front of you. We have communion every Sunday (and sometimes more often!) and everyone is invited to the altar, regardless of membership or from what denomination they've come. If you haven't been baptized, or aren't sure you're ready to receive communion, we invite you to come forward for a blessing and talk to a priest after the service about getting baptized. For more information about Saint Mary's, please see our website at www.stmaryshighpoint.org or check out our [Facebook Page](#).

The liturgy begins on page 355 in *The Book of Common Prayer*.

Voluntary Variations on *Ora labora*

Gerre Hancock

Welcome & Announcements

The Word of God

All stand, as able.

Hymn 423 Immortal, invisible, God only wise

The Celebrant says

Blessed be God: Father, Son, and Holy Spirit.

People And blessed be his kingdom, now and for ever. Amen.

The Celebrant continues

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria in excelsis Deo

Eddie Bass

accomp.

Glo-ry to God in the high - est, and peace to his peo-ple on
earth. Lord God, hea-ven - ly King, al-migh - ty God and Fa - ther, we
wor-ship you, we give you thanks, we praise you for your glo - ry. accomp.
Lord Je - sus Christ, on - ly Son of the Fa - ther, Lord God, Lamb of
God, you take a - way the sin of the world: have mer - cy on us; accomp.
you are seat - ed at the right hand of the Fa - ther: re -
ceive our prayer. accomp. For you a - lone are the Ho - ly One,
you a - lone are the Lord, you a - lone are the Most High,
Je - sus Christ, with the Ho - ly Spi - rit, in the glo - ry of God the Fa - ther. A - men. slower

The Collect of the Day

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Celebrant The Lord be with you.
People And also with you.
Celebrant Let us pray.

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. **Amen.**

Children depart for Children's Chapel.

The Lessons

All are seated.

A reading from the Book of Deuteronomy

4:1-2, 6-9

Moses said: So now, Israel, give heed to the statutes and ordinances that I am teaching you to observe, so that you may live to enter and occupy the land that the LORD, the God of your ancestors, is giving you. You must neither add anything to what I command you nor take away anything from it, but keep the commandments of the LORD your God with which I am charging you.

You must observe them diligently, for this will show your wisdom and discernment to the peoples, who, when they hear all these statutes, will say, "Surely this great nation is a wise and discerning people!" For what other great nation has a god so near to it as the LORD our God is whenever we call to him? And what other great nation has statutes and ordinances as just as this entire law that I am setting before you today?

But take care and watch yourselves closely, so as neither to forget the things that your eyes have seen nor to let them slip from your mind all the days of your life; make them known to your children and your children's children.

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 15

Domine, quis habitabit?

Henry Lawes



- 1 LORD, who may | dwell in • your | tabernacle? *
who may abide up- | on your | holy | hill?
- 2 Whoever leads a blameless life and | does what • is | right, *
who speaks the | truth | from his | heart.
- 3 There is no guile upon his tongue;
he does no | evil • to his | friend; *
he does not heap con- | tempt up- | on his | neighbor.
- 4 In his sight the wicked | is re- | jected, *
but he honors | those who | fear the | LORD.
- 5 He has sworn to | do no | wrong *
and does | not take | back his | word.
- 6 He does not give his money in | hope of | gain, *
nor does he take a | bribe a- | gainst the | innocent.

Second half of the chant

- 7 Who- | ever • does | these things * shall | never • be | over- | thrown.

A Reading from the Letter of James

1:17-27

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In fulfillment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures.

You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; for your anger does not produce God's righteousness. Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls.

But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act—they will be blessed in their doing.

If any think they are religious, and do not bridle their tongues but deceive their hearts, their religion is worthless. Religion that is pure and undefiled before God, the Father, is this: to care for orphans and widows in their distress, and to keep oneself unstained by the world.

Reader The Word of the Lord.
People **Thanks be to God.**

Please stand, as you are able.

Hymn 704 O thou, who camest from above

The Gospel

Mark 7:1-8, 14-15, 21-23

Gospeller The Holy Gospel of our Lord Jesus Christ according to Mark.
People **Glory to you, Lord Christ.**

When the Pharisees and some of the scribes who had come from Jerusalem gathered around him, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes asked him, "Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?" He said to them, "Isaiah prophesied rightly about you hypocrites, as it is written,

"This people honors me with their lips,
but their hearts are far from me;
in vain do they worship me,
teaching human precepts as doctrines."

You abandon the commandment of God and hold to human tradition."

Then he called the crowd again and said to them, "Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile." For it is from within, from the human heart, that evil intentions come: fornication, theft, murder,

adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person.”

Gospeller The Gospel of the Lord.
People Praise to you, Lord Christ.

The Sermon

All are seated.

The Rev'd Robert P. Travis

All stand and say together

The Nicene Creed

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We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

The Leader and People pray responsively.

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world especially peaceful resolution to wars in Ukraine, Israel and Palestine;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God; especially Igreja Anglicana de Mocambique e Angola; St. Mary's, Speed; Trinity Church, Statesville; and our companion dioceses of Botswana and Costa Rica, most especially Santa Maria Siquierres.

For all who proclaim the Gospel, and all who seek the Truth.

For Michael our Presiding Bishop, and Sam and Jennifer our Bishops; and for all bishops and other ministers;

For all who serve God in his Church.

For the special needs and concerns of this congregation; especially Sam, Eamon, David, Dick, Jane, Denni, Shirley, Greg, Ray, Robert, and all those on our Parish Prayer List and all those on the Daughters of the King Prayer List.

Silence

The People may add their own petitions.

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings.

We will exalt you, O God our King;

And praise your Name for ever and ever.

We pray for all who have died that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions.

Lord, let your loving-kindness be upon them;

Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

Have mercy upon us, most merciful Father;

in your compassion forgive us our sins,

known and unknown,

things done and left undone;

and so uphold us by your Spirit

that we may live and serve you in newness of life,

to the honor and glory of your Name;

through Jesus Christ our Lord. Amen.

Standing, the Celebrant says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

All stand.

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Celebrant The peace of the Lord be always with you.
People And also with you.

Then the Ministers and the People may greet one another in the name of the Lord.

The Holy Communion

Offertory

J.S. Bach, from Cantata No. 22

Subdue us by thy goodness. Awake us by thy grace; that men whose hearts are weary, may life anew embrace. And though earth's woes be near us, thy Spirit still shall cheer us. All praise and thanks to thee!
 ~ Elizabeth Kreutiger, tr.

The Great Thanksgiving

Eucharistic Prayer A

All stand

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Celebrant The Lord be with you. *People* And al - so with you.

Celebrant Lift up your hearts. *People* We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

The Celebrant continues.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth;

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

Eddie Bass

Ho - ly, Ho - ly, Ho - ly Lord, God of po - wer and might:
 hea - ven and earth are full of your glo - ry. Ho - san - na in the



The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

**Christ has died.
Christ is risen.
Christ will come again.**

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



Celebrant And now, as our Savior Christ has taught us, we are bold to say,

All Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

The Breaking of the Bread

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Fraction Anthem

David Hurd

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.
Christ our Pass - o - ver is sac - ri - ficed for us;
there - fore let us keep the feast.
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Music at the Communion

Agnus Dei

Hans Leo Hassler, Missa Secunda

Agnus Dei, qui tollis peccata mundi: miserere nobis.

O Lamb of God, who takes away the sins of the world, have mercy upon us.

Agnus Dei, qui tollis peccata mundi: miserere nobis.

O Lamb of God, who takes away the sins of the world, have mercy upon us.

Agnus Dei, qui tollis peccata mundi: dona nobis pacem.

O Lamb of God, who takes away the sins of the world, grant us peace.

Hymn 660 O Master, let me walk with thee

Sending Out Prayer

Celebrant and People

As the people of Saint Mary's, we send you forth bearing these holy gifts that those to whom you go may share with us in the communion of Christ's body and blood. We who are many are one body, because we all share one bread one cup. Amen.

After Communion, all kneel as able and the Celebrant says

Let us pray.

Celebrant and People

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Celebrant blesses the people and then they are dismissed, responding

People **Thanks be to God**

Hymn 347 Go forth for God

Voluntary Variations on *Ora labora*

Gerre Hancock

Altar flowers: The flowers are given to the Glory of God and in memory of Charlie and Colleen Hartsoe, Joe and Peggy Brown, Gloria and Anthony Jacobi and Irma Wood.

Scan this QR code with your smart phone to give or to make a pledge payment. We appreciate your support of St. Mary's and our parish's ministries which serve our community and beyond.



Participants in the Liturgy

Celebrant

The Rev'd Foster Mays

Preacher

The Rev'd Robert P. Travis

Lector

Sally Bulla

Vergers

Kathy Conrad

Eucharistic Ministers

Jean Almos, Sally Bulla

Acolytes

Henry Simcox, Griffin Hawks, Mason Hawks

Organist & Choirmaster

Charles Hogan

Video & audio engineering

Robin Hardman

Acknowledgements

Text for the liturgy from *The Book of Common Prayer*, New York: Church Publishing, 1979, 231, 355-365, 388-389; Search committee prayer: *Prayers for Pastor & People*, Compiled and edited by Carl G. Carozzi, New York: Church Publishing Incorporated, 1984, 139. Used with permission. The Bible text is from the New Revised Standard Version Bible, © 1989 by the Division of Christian Education of the National Council of the Churches of Christ in the USA, and used by permission. Originated in riteplanning.com, © 2020 Church Publishing Inc. All rights reserved.

Herb Goins – Senior Warden
Jason Johnson – Clerk
Emily Fisher
Sally Bulla
Candice Greig
Will Moore
Patrick Simcox

Vestry 2024
John Wall – Junior Warden
Stephen Greig – Treasurer
Audrey Congdon Harris
Steve Bingham
Hodge Cole
Lenora Sparks
Mark Penley

Keeping in Prayer this Week: We pray for those whose needs are closely linked with ours and for those who suffer from any sickness, grief or distress, also remembering and praying for those on our parish prayer list, including Helen Congdon, Linda Nitz, Emily Finch Johnson, Anne Miressi, Trish, Thea Oglesby, Steve, Jerri Phillips, Elizabeth White, Richard Glover, Rick and Margaret Lewis, Frankie Gurganus, Nancy Jenkins, Kathy, Diane Kearns, Joan Cardwell, Bill Fenn, Cheryl Warren, Debbie Ewing, Barry, Helen Idol, Jo Stillely, Pat Hayes, Gloria, Clara Blythe, Susan Hayne, Sam Hawley, Robert Eamon Kelly, David Stewart, Dick Shaler, Jane Gill-Shaler, Denni Mikola, Shirley, Greg Denison, Ray, Robert Taylor, Michelle Maynard, Hannah, Linda Focarelli, Carter, Tom Peterson, Loyd, Mike Hennen, Connie Strader, Ginny Long, Katherine Anne Marsh, Em, Phil Williams, Kim Williams.

About St Mary's Prayer List: St Mary's maintains a published prayer list, which is added to the service leaflet and to the e-news each week. To add someone, please secure permission to use either the first and/or last names from the person to be added, and then contact Denise Story at 336.886.4756 or by email at admin@stmarysepisc.org. Denise needs your name and contact information so we can get pastoral updates periodically. Individuals will be updated at the end of the month unless the request is renewed, which you are welcome to do at any time.

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