

Saint Mary's Episcopal Church
The Twelfth Sunday after Pentecost:
Holy Eucharist
Sunday, August 11, 2024
11:00am

Welcome to Saint Mary's! We are glad you are joining us today for either in person or online worship. If you're new to the Episcopal Church, know that we follow an ancient and enduring pattern of worship called Liturgy, which is designed to give glory to God and draw people closer to God. We sing and pray together, and stand, sit and kneel at different times using our bodies, minds and voices as we worship in the Spirit. All of those directions are in this guide, which is drawn from the Book of Common Prayer you see in the pew racks in front of you. We have communion every Sunday (and sometimes more often!) and everyone is invited to the altar, regardless of membership or from what denomination they've come. If you haven't been baptized, or aren't sure you're ready to receive communion, we invite you to come forward for a blessing and talk to a priest after the service about getting baptized. For more information about Saint Mary's, please see our website at www.stmaryshighpoint.org or check out our [Facebook Page](#).

The liturgy begins on page 355 in *The Book of Common Prayer*.

Voluntary

Welcome & Announcements

The Word of God

All stand, as able.

Hymn 392 Come, we that love the Lord

The Celebrant says

Blessed be God: Father, Son, and Holy Spirit.

People And blessed be his kingdom, now and for ever. Amen.

The Celebrant continues

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria in excelsis Deo

Robert Powell



1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - mighty God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
ceive our prayer. 6. For you a - lone are the Ho - ly One,
you a - lone are the Lord, 7. you a - lone are the Most
High, Je - sus Christ, with the Ho - ly Spi - rit, in the
glo - ry of God the Fa - ther. A - men.

The Collect of the Day

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Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Children depart for Children's Chapel.

The Lessons

All are seated.

A reading from the First Book of Kings

19:4-8

Elijah went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O LORD, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the LORD came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God. At that place he came to a cave, and spent the night there.

Then the word of the LORD came to him, saying, 'What are you doing here, Elijah?'

Reader The Word of the Lord.

People Thanks be to God.

Psalm 34:1-8

Benedicam Dominum

Henry Lawes



- 1 I will bless the | LORD at | all times; *
his praise shall | ever • be | in my | mouth.
- 2 I will | glory • in the | LORD; *
let the | humble | hear and • re-|joice.
- 3 Proclaim with me the | greatness • of the | LORD; *
let us ex-|alt his | Name to-|gether.
- 4 I sought the LORD, | and he | answered me *
and delivered me | out of | all my | terror.
- 5 Look upon him | and be | radiant, *
and let not your | faces | be a-|shamed.
- 6 I called in my affliction and the | LORD | heard me *
and | saved me • from | all my | troubles.
- 7 The angel of the LORD encompasses | those who | fear him, *
and | hē | will de-|liver them.
- 8 Taste and see that the | LORD is | good; *
happy are | they who | trust in | him!

A Reading from the Letter of Paul to the Ephesians

4:25-5:2

Putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Reader The Word of the Lord.
People Thanks be to God.

Please stand, as you are able.

Hymn

1. All who hun-ger gath-er glad-ly; ho-ly man-na
2. All who hun-ger, nev-er stran-gers, seek-cr, be a
3. All who hun-ger, sing to-geth-cr, Je-sus Christ is

is our bread. Come from wil-der-ness and wan-d'ring.
wel-come guest. Come from rest-less-ness and roam-ing.
liv-ing bread. Come from lonc-li-ness and long-ing.

Here in truth we will be fed. You that yearn for
Here, in joy we keep the feast. We that once were
Here, in peace, we have been fed. Blest are those who

days of full-ness, all a-round us is our food.
lost and scat-tered in com-mun-ion's love have stood.
from this ta-ble live their days in grat-i-tude.

Taste and see the grace e-ter-nal.
Taste and see the grace e-ter-nal.
Taste and see the grace e-ter-nal.

Taste and see that God is good.
Taste and see that God is good.
Taste and see that God is good.

The Gospel

John 6:35, 41-51

Gospeller The Holy Gospel of our Lord Jesus Christ according to John.
People **Glory to you, Lord Christ.**

Jesus said, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

Gospeller The Gospel of the Lord.
People **Praise to you, Lord Christ.**

The Sermon

All are seated.

The Rev'd Melanie Barbarito

All stand and say together

The Nicene Creed

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We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

The Leader and People pray responsively.

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;
For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world especially peaceful resolution to wars in Ukraine, Israel and Palestine;
For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble; especially Loyd, Mike and Judy, Connie, Ginny, Helen, Linda, Emily, Anne, Trish, Thea, and all those on our Parish Prayer List and all those on the Daughters of the King Prayer List.
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God; especially The Anglican Church of Korea, St. Thomas', Sanford, Trinity Church, Scotland Neck, and our companion dioceses of Botswana and Costa Rica.
For all who proclaim the Gospel, and all who seek the Truth.

For Michael our Presiding Bishop, and Sam and Jennifer our Bishops; and for all bishops and other ministers;
For all who serve God in his Church.

For the special needs and concerns of this congregation.
Silence

The People may add their own petitions.

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings.

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, especially Judy Hennen, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions.

Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.

Standing, the Celebrant says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

All stand.

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Celebrant The peace of the Lord be always with you.

People And also with you.

Then the Ministers and the People may greet one another in the name of the Lord.

The Holy Communion

Offertory

George Frederick Handel

Lord, I trust thee, I adore thee.

Ah thou friend of man, restore me!

On thy loving grace relying,

For the bread of life I'm sighing.

Quench my thirst and let my hunger cease.

Fill my heart with joy and endless peace.

When the breath of life has left me,

May my soul be blended with thee.

~ Barthold Brookes, tr. Denys Darlow

The Great Thanksgiving

Eucharistic Prayer A

All stand

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The musical notation consists of four staves, each with a treble clef and a key signature of one flat (B-flat). The lyrics are written below the notes. The first staff is for the Celebrant and the second for the People. The third staff is for the Celebrant and the fourth for the People. The lyrics are: "The Lord be with you. And al - so with you." "Lift up your hearts. We lift them to the Lord." "Let us give thanks to the Lord our God." "It is right to give him thanks and praise."

Celebrant The Lord be with you. *People* And al - so with you.

Celebrant Lift up your hearts. *People* We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

The Celebrant continues.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth;

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

Richard Proulx

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes in the Name of the Lord.
Ho - san - na in the high - est. Ho - san - na in the high - est.

The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

**Christ has died.
Christ is risen.
Christ will come again.**

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



Celebrant And now, as our Savior Christ has taught us, we are bold to say,

All Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

The Breaking of the Bread

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Fraction Anthems

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People Therefore let us keep the feast. Alleluia.

The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.



My flesh is food in - deed, and my blood is drink in - deed, says the Lord.

Choir Those who eat my flesh and drink my blood
dwell in me and I in them.

All repeat the Antiphon.

Music at the Communion

Hymn 606 Where charity and true love dwell

Hymn 323 Bread of heaven, on thee we feed

Sending Out Prayer

Celebrant and People

As the people of Saint Mary's, we send you forth bearing these holy gifts that those to whom you go may share with us in the communion of Christ's body and blood. We who are many are one body, because we all share one bread one cup. Amen.

After Communion, all kneel as able and the Celebrant says

Let us pray.

Celebrant and People

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

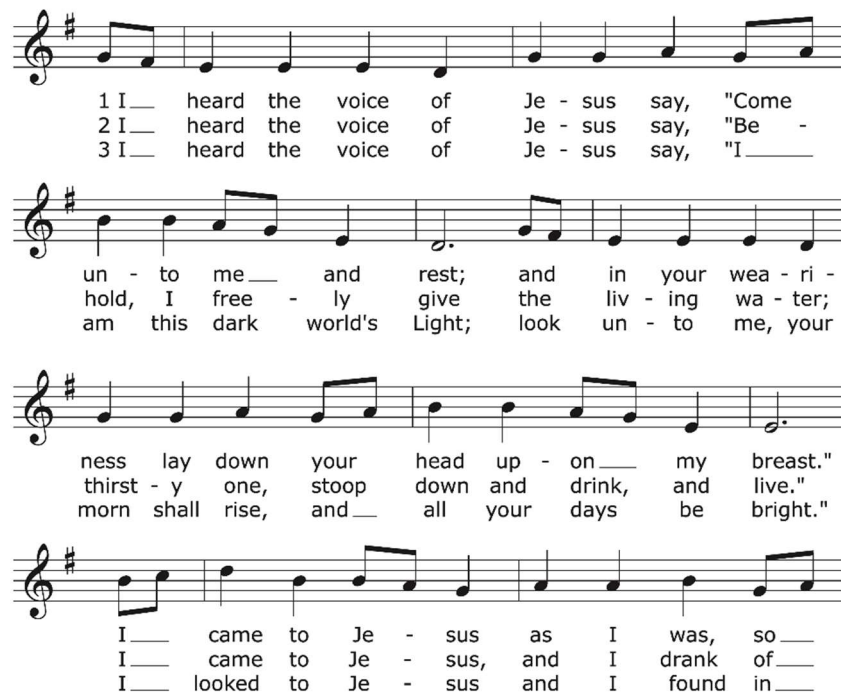
The Celebrant blesses the people and then they are dismissed, responding

People

Thanks be to God.

Hymn 692

I heard the voice of Jesus say



1 I ___ heard the voice of Je - sus say, "Come
2 I ___ heard the voice of Je - sus say, "Be -
3 I ___ heard the voice of Je - sus say, "I ___

un - to me ___ and rest; and in your wea - ri -
hold, I free - ly give the liv - ing wa - ter;
am this dark world's Light; look un - to me, your

ness lay down your head up - on ___ my breast."
thirst - y one, stoop down and drink, and live."
morn shall rise, and ___ all your days be bright."

I ___ came to Je - sus as I was, so ___
I ___ came to Je - sus, and I drank of ___
I ___ looked to Je - sus and I found in ___



wea - ry, — worn, and sad; I — found in him — a —
that life - giv - ing stream; my thirst was quenched, my
him my Star, my Sun; and in that light of —

rest - ing place, and he has made me glad.
soul re - vived, and now I live in him.
life I'll walk, 'til — pil - grim days are done.

Voluntary

Altar flowers: The flowers are given to the Glory of God and in memory of Helen McBee, Amo Ragan Kearns, Jr. and Jo-Ann Lassiter Kearns by Gayle Kearns.

Scan this QR code with your smart phone to give or to make a pledge payment. We appreciate your support of St. Mary's and our parish's ministries which serve our community and beyond.



Participants in the Liturgy

Celebrant

The Rev'd Robert P. Travis

Preacher

The Rev'd Melanie Barbarito

Lector

Steve Bingham

Vergers

Robert Taylor

Eucharistic Ministers

Alicia Archibald

Acolytes

Jonathan Richardson, Aaron Sparks, Griffin Hawks, Mason Hawks

Organist & Choirmaster

Charles Hogan

Video & audio engineering

Robin Hardman

Acknowledgements

Text for the liturgy from *The Book of Common Prayer*, New York: Church Publishing, 1979, 231, 355-365, 388-389; Search committee prayer: *Prayers for Pastor & People*, Compiled and edited by Carl G. Carlozzi, New York: Church Publishing Incorporated, 1984, 139. Used with permission. The Bible text is from the New Revised Standard Version Bible, © 1989 by the Division of Christian Education of the National Council of the Churches of Christ in the USA, and used by permission. Originated in riteplanning.com, © 2020 Church Publishing Inc. All rights reserved.

Herb Goins – Senior Warden
Jason Johnson – Clerk
Emily Fisher
Sally Bulla
Candice Greig
Will Moore
Patrick Simcox

Vestry 2024

John Wall – Junior Warden
Stephen Greig – Treasurer
Audrey Congdon Harris
Steve Bingham
Hodge Cole
Lenora Sparks
Mark Penley

Keeping in Prayer this Week: We pray for those whose needs are closely linked with ours and for those who suffer from any sickness, grief or distress, also remembering and praying for those on our parish prayer list, including Helen Congdon, Linda Nitz, Emily Finch Johnson, Anne Miressi, Trish, Thea Oglesby, Steve, Jerri Phillips, Elizabeth White, Richard Glover, Rick and Margaret Lewis, Frankie Gurganus, Nancy Jenkins, Kathy, Diane Kearns, Joan Cardwell, Bill Fenn, Cheryl Warren, Debbie Ewing, Barry, Helen Idol, Jo Stilley, Pat Hayes, Gloria, Clara Blythe, Susan Hayne, Sam Hawley, Robert Eamon Kelly, David Stewart, Dick Shaler, Jane Gill-Shaler, Denni Mikola, Shirley, Greg Denison, Ray, Robert Taylor, Michelle Maynard, Hannah, Linda Focarelli, Carter, Tom Peterson, Loyd, Mike Hennen, Connie Strader, Ginny Long.

About St Mary's Prayer List: St Mary's maintains a published prayer list, which is added to the service leaflet and to the e-news each week. To add someone, please secure permission to use either the first and/or last names from the person to be added, and then contact Denise Story at 336.886.4756 or by email at admin@stmarysepisc.org. Denise needs your name and contact information so we can get pastoral updates periodically. Individuals will be updated at the end of the month unless the request is renewed, which you are welcome to do at any time.

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