



Saint Mary's Episcopal Church
The Tenth Sunday after Pentecost:
Holy Eucharist
Sunday, July 28, 2024
11:00am

Welcome to Saint Mary's! We are glad you are joining us today for either in person or online worship. If you're new to the Episcopal Church, know that we follow an ancient and enduring pattern of worship called Liturgy, which is designed to give glory to God and draw people closer to God. We sing and pray together, and stand, sit and kneel at different times using our bodies, minds and voices as we worship in the Spirit. All of those directions are in this guide, which is drawn from the Book of Common Prayer you see in the pew racks in front of you. We have communion every Sunday (and sometimes more often!) and everyone is invited to the altar, regardless of membership or from what denomination they've come. If you haven't been baptized, or aren't sure you're ready to receive communion, we invite you to come forward for a blessing and talk to a priest after the service about getting baptized. For more information about Saint Mary's, please see our website at www.stmaryshighpoint.org or check out our [Facebook Page](#).

The liturgy begins on page 355 in *The Book of Common Prayer*.

Voluntary

Welcome & Announcements

The Word of God

All stand, as able.

Hymn 388 O worship the King! all glorious above

The Celebrant says

Blessed be God: Father, Son, and Holy Spirit.

People And blessed be his kingdom, now and for ever. Amen.

The Celebrant continues

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria in excelsis Deo

Robert Powell

1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - might - y God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
ceive our prayer. 6. For you a - lone are the Ho - ly One,
you a - lone are the Lord, 7. you a - lone are the Most
High, Je - sus Christ, with the Ho - ly Spi - rit, in the
glo - ry of God the Fa - ther. A - men.

The Collect of the Day

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Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Children depart for Children's Chapel.

The Lessons

All are seated.

A reading from the Second Book of Kings

4:42-44

A man came from Baal-shalishah, bringing food from the first fruits to the man of God: twenty loaves of barley and fresh ears of grain in his sack. Elisha said, "Give it to the people and let them eat." But his servant said, "How can I set this before a hundred people?" So he repeated, "Give it to the people and let them eat, for thus says the LORD, "They shall eat and have some left." He set it before them, they ate, and had some left, according to the word of the LORD.

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 145:10-19

Exaltabo te, Deus

Henry Lawes



- ¹⁰ All your works | praise you, • O | LORD, *
and your | faithful | servants | bless you.
- ¹¹ They make known the glory | of your | kingdom *
and | spēak | of your | power;
- ¹² That the peoples may | know of • your | power *
and the glorious | splendor | of your | kingdom.
- ¹³ Your kingdom is an ever-|lasting | kingdom; *
your dominion en-|dures through-|out all | ages.
- ¹⁴ The LORD is faithful in | all his | words *
and | merciful • in | all his | deeds.
- ¹⁵ The LORD upholds all | those who | fall; *
he lifts up | those who | are bowed | down.
- ¹⁶ The eyes of all wait upon | you, O | LORD, *
and you give them their | food in | düe | season.
- ¹⁷ You open | wide your | hand *
and satisfy the needs of | ev'ry | living | creature.
- ¹⁸ The LORD is righteous in | all his | ways *
and | loving • in | all his | works.
- ¹⁹ The LORD is near to those who | call up-|on him, *
to all who | call up-|on him | faithfully.

A Reading from the Letter of Paul to the Ephesians

3:14-21

I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, forever and ever. Amen.

Reader The Word of the Lord.

People **Thanks be to God.**

Please stand, as you are able.

Hymn 448 O love, how deep, how broad, how high

The Gospel

John 6:1-21

Gospeller The Holy Gospel of our Lord Jesus Christ according to John.

People **Glory to you, Lord Christ.**

Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming toward him, Jesus said to Philip, "Where are we to buy bread for these people to eat?" He said this to test him, for he himself knew what he was going to do. Philip answered him, "Six months' wages would not buy enough bread for each of them to get a little." One of his disciples, Andrew, Simon Peter's brother, said to him, "There is a boy here who has five barley loaves and two fish. But what are they among so many people?" Jesus said, "Make the people sit down." Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, "Gather up the fragments left over, so that nothing may be lost." So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, "This is indeed the prophet who is to come into the world."

When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

When evening came, his disciples went down to the sea, got into a boat, and started across the sea to Capernaum. It was now dark, and Jesus had not yet come to them. The sea became rough because a strong wind was blowing. When they had rowed about three or four miles, they saw Jesus walking on the sea and coming near the boat, and they were terrified. But he said to them, "It is I; do not be afraid." Then they wanted to take him into the boat, and immediately the boat reached the land toward which they were going.

Gospeller The Gospel of the Lord.

People **Praise to you, Lord Christ.**

All stand and say together

The Nicene Creed

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We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

The Leader and People pray responsively.

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world especially peaceful resolution to wars in Ukraine, Israel and Palestine;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble; especially Jo, Pat, Gloria, Clara, Susan, Sam, Eamon, David, Dick, Jane, Rick and Margaret, and all those on our Parish Prayer List and all those on the Daughters of the King Prayer List.

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God; especially The Episcopal Church in Jerusalem & The Middle East, Church of the Good Shepherd, St. Andrew's, Rocky Mount, St. Mark's, Roxboro, and our companion dioceses of Botswana and Costa Rica.

For all who proclaim the Gospel, and all who seek the Truth.

For Michael our Presiding Bishop, and Sam and Jennifer our Bishops; and for all bishops and other ministers;

For all who serve God in his Church.

For the special needs and concerns of this congregation.

Silence

The People may add their own petitions.

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings.

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions.

Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

**Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.**

Standing, the Celebrant says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Blessing of the Pedestals

Celebrant: Antiphon Solomon beautified the sanctuary, and multiplied the vessels of the temple.

V. Oh, the majesty and magnificence of God's presence!

R. Oh, the power and the splendor of his sanctuary!

Let us pray. (Silence)

O God, whose blessed Son has sanctified and transfigured the use of material things:

Receive these pedestals for flowers which we offer to adorn your altar, and grant that they may proclaim your love, benefit your Church, and minister grace and joy to those who see them; through Jesus Christ our Lord. **Amen.**

Blessing of the Wedding Anniversary of Howie Zweifel and Mary Kay Gobris

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Peace

All stand.

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Celebrant The peace of the Lord be always with you.

People And also with you.

Then the Ministers and the People may greet one another in the name of the Lord.

The Holy Communion

Offertory

William H. Harris

Fear not, O land; be glad and rejoice: for the Lord will do great things. Be not afraid, ye beasts of the field: for the pastures of the wilderness do spring, for the tree beareth her fruit, the fig tree and the vine do yield their strength. Be glad then, ye children of Zion, and rejoice in the LORD your God: The floors shall be full of wheat. And ye shall eat in plenty, and be satisfied, and praise the name of the Lord your God, that hath dealt wondrously with you.

~ Joel 2

The Great Thanksgiving

Eucharistic Prayer A

All stand

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Celebrant The Lord be with you. *People* And al - so with you.

Celebrant Lift up your hearts. *People* We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

The Celebrant continues.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth;

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

Richard Proulx

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven ___ and earth ___ are full ___ of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes ___ in the Name ___ of the Lord.
Ho - san - na in the high - est. Ho - san - na in the high - est. _____

The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

**Christ has died.
Christ is risen.
Christ will come again.**

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



Celebrant And now, as our Savior Christ has taught us, we are bold to say,

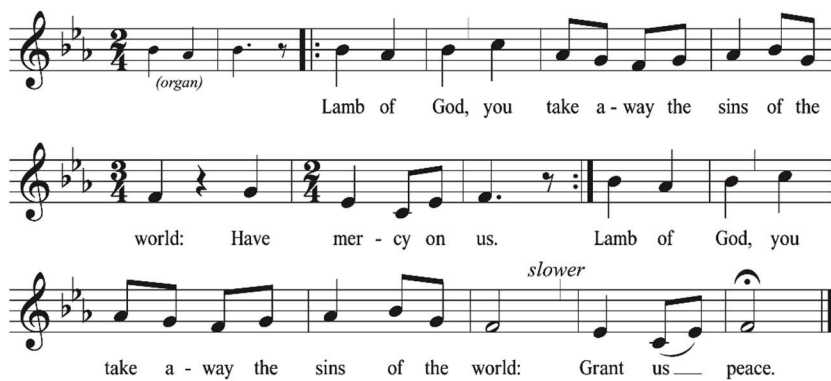
All Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

The Breaking of the Bread

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Fraction Anthem

Richard Proulx



The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Music at the Communion

- Hymn 321 O God, thy table now is spread
- Hymn 309 O Food to pilgrims given

Sending Out Prayer

Celebrant and People

As the people of Saint Mary's, we send you forth bearing these holy gifts that those to whom you go may share with us in the communion of Christ's body and blood. We who are many are one body, because we all share one bread one cup. Amen.

After Communion, all kneel as able and the Celebrant says

Let us pray.

Celebrant and People

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Celebrant blesses the people and then they are dismissed, responding

People Thanks be to God.

Hymn 397 Now thank we all our God

Voluntary

Altar flowers: The flowers are given to the Glory of God and in loving memory of William G. Sasser by his wife, Thelma.

Scan this QR code with your smart phone to give or to make a pledge payment. We appreciate your support of St. Mary's and our parish's ministries which serve our community and beyond.



Participants in the Liturgy

Celebrant

The Rev'd Robert P. Travis

Preacher

The Rev'd Foster Mays

Lector

Kerr Ramsay

Vergers

Kathy Conrad

Eucharistic Ministers

Betsy Lehman, Sally Bulla

Acolytes

Jonathan Richardson, Ford Ramsay, Whit Ramsay

Organist & Choirmaster

Charles Hogan

Video & audio engineering

Robin Hardman

Acknowledgements

Text for the liturgy from *The Book of Common Prayer*, New York: Church Publishing, 1979, 231, 355-365, 388-389; Search committee prayer: *Prayers for Pastor & People*, Compiled and edited by Carl G. Carozzi, New York: Church Publishing Incorporated, 1984, 139. Used with permission. The Bible text is from the New Revised Standard Version Bible, © 1989 by the Division of Christian Education of the National Council of the Churches of Christ in the USA, and used by permission. Originated in riteplanning.com, © 2020 Church Publishing Inc. All rights reserved.

Herb Goins – Senior Warden
Jason Johnson – Clerk
Emily Fisher
Sally Bulla
Candice Greig
Will Moore
Patrick Simcox

Vestry 2024

John Wall – Junior Warden
Stephen Greig – Treasurer
Audrey Congdon Harris
Steve Bingham
Hodge Cole
Lenora Sparks
Mark Penley

Keeping in Prayer this Week: We pray for those whose needs are closely linked with ours and for those who suffer from any sickness, grief or distress, also remembering and praying for those on our parish prayer list, including Helen Congdon, Linda Nitz, Emily Finch Johnson, Anne Miressi, Trish, Thea Oglesby, Steve, Jerri Phillips, Elizabeth White, Richard Glover, Rick and Margaret Lewis, Frankie Gurganus, Nancy Jenkins, Kathy, Diane Kearns, Joan Cardwell, Bill Fenn, Cheryl Warren, Debbie Ewing, Barry, Helen Idol, Jo Stilley, Pat Hayes, Gloria, Clara Blythe, Susan Hayne, Sam Hawley, Robert Eamon Kelly, David Stewart, Dick Shaler, Jane Gill-Shaler, Denni Mikola, Shirley, Greg Denison, Ray, Robert Taylor, Michelle Maynard, Hannah, Linda Focarelli, Carter, Tom Peterson, Loyd, Mike and Judy Hennen, Connie Strader, Lurae, Ginny Long.

About St Mary's Prayer List: St Mary's maintains a published prayer list, which is added to the service leaflet and to the e-news each week. To add someone, please secure permission to use either the first and/or last names from the person to be added, and then contact Denise Story at 336.886.4756 or by email at admin@stmarysepisc.org. Denise needs your name and contact information so we can get pastoral updates periodically. Individuals will be updated at the end of the month unless the request is renewed, which you are welcome to do at any time.

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