



Saint Mary's Episcopal Church  
The Sixth Sunday after Pentecost:  
Holy Eucharist  
Sunday, June 30, 2024  
11:00am

*Welcome to Saint Mary's! We are glad you are joining us today for either in person or online worship. If you're new to the Episcopal Church, know that we follow an ancient and enduring pattern of worship called Liturgy, which is designed to give glory to God and draw people closer to God. We sing and pray together, and stand, sit and kneel at different times using our bodies, minds and voices as we worship in the Spirit. All of those directions are in this guide, which is drawn from the Book of Common Prayer you see in the pew racks in front of you. We have communion every Sunday (and sometimes more often!) and everyone is invited to the altar, regardless of membership or from what denomination they've come. If you haven't been baptized, or aren't sure you're ready to receive communion, we invite you to come forward for a blessing and talk to a priest after the service about getting baptized. For more information about Saint Mary's, please see our website at [www.stmaryshighpoint.org](http://www.stmaryshighpoint.org) or check out our [Facebook Page](#).*

The liturgy begins on page 355 in *The Book of Common Prayer*.

**Voluntary** Adagio from *Symphonie VI*

*Charles-Marie Widor*

## Welcome & Announcements

## The Word of God

*All stand, as able.*

**Hymn 389** Let us, with a gladsome mind

*The Celebrant says*

Blessed be God: Father, Son, and Holy Spirit.

**People** And blessed be his kingdom, now and for ever. Amen.

*The Celebrant continues*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

# Gloria in excelsis Deo

Robert Powell

1. Glo - ry to God in the high - est, and  
peace to his peo - ple on earth. 2. Lord God, heaven - ly  
King, al - might - y God and Fa - ther, we wor - ship you, we  
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
take a - way the sin of the world: have mer - cy  
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -  
ceive our prayer. 6. For you a - lone are the Ho - ly One,  
you a - lone are the Lord, 7. you a - lone are the Most  
High, Je - sus Christ, with the Ho - ly Spi - rit, in the  
glo - ry of God the Fa - ther. A - men.

## The Collect of the Day

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*Celebrant* The Lord be with you.

**People** And also with you.

*Celebrant* Let us pray.

Almighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*Children depart for Children's Chapel.*

## The Lessons

*All are seated.*

### A reading from The Wisdom of Solomon

1:13-15; 2:23-24

God did not make death,  
And he does not delight in the death of the living.  
For he created all things so that they might exist;  
the generative forces of the world are wholesome,  
and there is no destructive poison in them,  
and the dominion of Hades is not on earth.  
For righteousness is immortal.

God created us for incorruption,  
and made us in the image of his own eternity,  
but through the devil's envy death entered the world,  
and those who belong to his company experience it.

*Reader*            The Word of the Lord.

*People*            **Thanks be to God.**

### Psalm 30

*Exaltabo te, Domine*

Henry Lawes



- <sup>1</sup> I will exalt you, O LORD,  
because you have | lifted • me | up \*  
and have not let my | ene•mies | triumph | over me.
- <sup>2</sup> O LORD my God, I cried | out to | you, \*  
and | you re- | stored me • to | health.
- <sup>3</sup> You brought me up, O LORD, | from the | dead; \*  
you restored my life as I was | going | down • to the | grave.
- <sup>4</sup> Sing to the LORD, you | servants • of | his; \*  
give thanks for the re- | membrance | of his | holiness.
- <sup>5</sup> For his wrath endures but the | twinkling • of an | eye, \*  
his | favor | for a | lifetime.
- <sup>6</sup> Weeping may | spend the | night, \*  
but | joy comes | in the | morning.
- <sup>7</sup> While I felt secure, I said,  
"I shall never | be dis- | turbed. \*  
You, LORD, with your favor, | made me • as | strong as • the | mountains."

<sup>8</sup> Then you | hid your | face, \*  
and | I was | filled with | fear.

<sup>9</sup> I cried to | you, O | LORD; \*  
I | pleaded • with the | Lörd, | saying,

<sup>10</sup> "What profit is there in my blood, if I go | down to • the | Pit? \*  
will the dust | praise you • or de-|clare your | faithfulness?"

*Second half of the chant*

<sup>11</sup> Hear, O LORD, and have | mercy • up-|on me; \*  
O | LÖRD, | be my | helper."

<sup>12</sup> You have turned my wailing | into | dancing; \*  
you have put off my | sack-cloth • and | clothed me • with | joy.

<sup>13</sup> Therefore my heart sings to you | without | ceasing; \*  
O LORD my God, I will | give you | thanks for | ever.

## A Reading from the Second Letter of Paul to the Corinthians

8:7-15

As you excel in everything-- in faith, in speech, in knowledge, in utmost eagerness, and in our love for you-- so we want you to excel also in this generous undertaking.

I do not say this as a command, but I am testing the genuineness of your love against the earnestness of others. For you know the generous act of our Lord Jesus Christ, that though he was rich, yet for your sakes he became poor, so that by his poverty you might become rich. And in this matter I am giving my advice: it is appropriate for you who began last year not only to do something but even to desire to do something-- now finish doing it, so that your eagerness may be matched by completing it according to your means. For if the eagerness is there, the gift is acceptable according to what one has-- not according to what one does not have. I do not mean that there should be relief for others and pressure on you, but it is a question of a fair balance between your present abundance and their need, so that their abundance may be for your need, in order that there may be a fair balance. As it is written,

“The one who had much did not have too much,  
and the one who had little did not have too little.”

*Reader*           The Word of the Lord.  
*People*           **Thanks be to God.**

*Please stand, as you are able.*

**Hymn 571** All who love and serve your city

## The Gospel

**Mark 5:21-43**

*Gospeller*       The Holy Gospel of our Lord Jesus Christ according to Mark.  
*People*           **Glory to you, Lord Christ.**

When Jesus had crossed again in the boat to the other side, a great crowd gathered around him; and he was by the sea. Then one of the leaders of the synagogue named Jairus came and, when he saw

him, fell at his feet and begged him repeatedly, “My little daughter is at the point of death. Come and lay your hands on her, so that she may be made well, and live.” So he went with him.

And a large crowd followed him and pressed in on him. Now there was a woman who had been suffering from hemorrhages for twelve years. She had endured much under many physicians, and had spent all that she had; and she was no better, but rather grew worse. She had heard about Jesus, and came up behind him in the crowd and touched his cloak, for she said, “If I but touch his clothes, I will be made well.” Immediately her hemorrhage stopped; and she felt in her body that she was healed of her disease. Immediately aware that power had gone forth from him, Jesus turned about in the crowd and said, “Who touched my clothes?” And his disciples said to him, “You see the crowd pressing in on you; how can you say, ‘Who touched me?’” He looked all around to see who had done it. But the woman, knowing what had happened to her, came in fear and trembling, fell down before him, and told him the whole truth. He said to her, “Daughter, your faith has made you well; go in peace, and be healed of your disease.”

While he was still speaking, some people came from the leader’s house to say, “Your daughter is dead. Why trouble the teacher any further?” But overhearing what they said, Jesus said to the leader of the synagogue, “Do not fear, only believe.” He allowed no one to follow him except Peter, James, and John, the brother of James. When they came to the house of the leader of the synagogue, he saw a commotion, people weeping and wailing loudly. When he had entered, he said to them, “Why do you make a commotion and weep? The child is not dead but sleeping.” And they laughed at him. Then he put them all outside, and took the child’s father and mother and those who were with him, and went in where the child was. He took her by the hand and said to her, “Talitha cum,” which means, “Little girl, get up!” And immediately the girl got up and began to walk about (she was twelve years of age). At this they were overcome with amazement. He strictly ordered them that no one should know this, and told them to give her something to eat.

*Gospeller*      The Gospel of the Lord.  
*People*         Praise to you, Lord Christ.

**The Sermon**

*All are seated.*

The Rev’d Foster Mays

*All stand and say together*

**The Nicene Creed**

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**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## Prayers of the People

*The Leader and People pray responsively.*

In peace, we pray to you, Lord God.

*Silence*

For all people in their daily life and work;

**For our families, friends, and neighbors, and for those who are alone.**

For this community, the nation, and the world especially peaceful resolution to wars in Ukraine, Israel and Palestine;

**For all who work for justice, freedom, and peace.**

For the just and proper use of your creation;

**For the victims of hunger, fear, injustice, and oppression.**

For all who are in danger, sorrow, or any kind of trouble; especially David, Dick, Jane, Paula, Denni, Shirley, Greg, Ray, Robert, Michelle, Lurae, and all those on our Parish Prayer List and all those on the Daughters of the King Prayer List.

**For those who minister to the sick, the friendless, and the needy.**

For the peace and unity of the Church of God; especially Hong Kong Sheng Kung Hui, Church of the Nativity, St. Ambrose, St. Augustine's University Chapel, Raleigh, and our companion dioceses of Botswana and Costa Rica and our Costa Rica Mission Team as they return from Siquierres from building relationships for St. Mary's.

**For all who proclaim the Gospel, and all who seek the Truth.**

For Michael our Presiding Bishop, and Sam and Jennifer our Bishops; and for all bishops and other ministers;

**For all who serve God in his Church.**

For the special needs and concerns of this congregation.

*Silence*

*The People may add their own petitions.*

Hear us, Lord;

**For your mercy is great.**

We thank you, Lord, for all the blessings of this life.

*Silence*

*The People may add their own thanksgivings.*

We will exalt you, O God our King;

**And praise your Name for ever and ever.**

We pray for all who have died that they may have a place in your eternal kingdom.

*Silence*

*The People may add their own petitions.*

Lord, let your loving-kindness be upon them;  
**Who put their trust in you.**

We pray to you also for the forgiveness of our sins.

*Silence may be kept.*

*Leader and People*

**Have mercy upon us, most merciful Father;  
in your compassion forgive us our sins,  
known and unknown,  
things done and left undone;  
and so uphold us by your Spirit  
that we may live and serve you in newness of life,  
to the honor and glory of your Name;  
through Jesus Christ our Lord. Amen.**

*Standing, the Celebrant says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

**The Peace**

*All stand.*

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*Celebrant* The peace of the Lord be always with you.

*People* **And also with you.**

*Then the Ministers and the People may greet one another in the name of the Lord.*

**The Holy Communion**

**Offertory**

*Edward Elgar*

As torrents in summer,	So hearts that are fainting
Half dried in their channels,	Grow full to o'erflowing,
Suddenly rise, though the	And they that behold it
Sky is still cloudless,	Marvel, and know not
For rain has been falling	That God at their fountains
Far off at their fountains;	Far off has been raining!

*~ Henry Wadsworth Longfellow,  
from The Nun of Nidaros*

**The Great Thanksgiving**

**Eucharistic Prayer A**

*All stand*

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*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give him thanks and praise.**

*The Celebrant continues.*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth;

*Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.*

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Celebrant and People*

*Richard Proulx*



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
heaven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na in the high - est.  
Blessed is he who comes in the Name of the Lord.  
Ho - san - na in the high - est. Ho - san - na in the high - est.

*The Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.  
Christ is risen.  
Christ will come again.**



*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

**The Breaking of the Bread**

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**Fraction Anthem**

*Richard Proulx*

(organ) Lamb of God, you take a-way the sins of the world: Have mer-cy on us. Lamb of God, you take a-way the sins of the world: Grant us— peace.

*The Celebrant says*

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

**Music at the Communion**

**Hymn-Anthem**

*Words & Music: Thomas Dorsey*

Precious Lord, take my hand,	When my way grows drear,
Lead me on, let me stand,	Precious Lord, linger near,
I am tired, I am weak, I am worn;	When my life is almost gone;
Through the storm, through the night,	Hear my cry, hear my call,
Lead me on to the light,	Hold my hand, lest I fall,
Take my hand, precious Lord,	Take my hand, precious Lord,
Lead me on.	Lead me on.

When the darkness appears  
And the night draws near,  
And the day is past and gone;  
At the river I stand,  
Guide my feet, hold my hand,  
Take my hand, precious Lord,  
Lead me on.

**Hymn 700**

O love that casts out fear

## Sending Out Prayer

*Celebrant and People*

As the people of Saint Mary's, we send you forth bearing these holy gifts that those to whom you go may share with us in the communion of Christ's body and blood. We who are many are one body, because we all share one bread one cup. Amen.

*After Communion, all kneel as able and the Celebrant says*

Let us pray.

*Celebrant and People*

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

*The Celebrant blesses the people and then they are dismissed, responding*

*People*           **Thanks be to God.**

**Hymn 718**   God of our Fathers

**Voluntary**

**Altar flowers:** The flowers on the Altar are given to the Glory of God and in loving memory of Anne and Jim Bulla.

*Scan this QR code with your smart phone to give or to make a pledge payment. We appreciate your support of St. Mary's and our parish's ministries which serve our community and beyond.*



## Participants in the Liturgy

### *Celebrant*

The Rev'd Carroll Travis

### *Preacher*

The Rev'd Foster Mays

### *Lector*

Laura Simcox

### *Vergers*

Kathy Conrad

### *Eucharistic Ministers*

Jorie Doster

### *Acolytes*

Jonathan Richardson, Griffin Hawks, Mason Hawks

### *Organist & Choirmaster*

Charles Hogan

### *Video & audio engineering*

Robin Hardman

### Acknowledgements

Text for the liturgy from *The Book of Common Prayer*, New York: Church Publishing, 1979, 231, 355-365, 388-389; Search committee prayer: *Prayers for Pastor & People*, Compiled and edited by Carl G. Carozzi, New York: Church Publishing Incorporated, 1984, 139. Used with permission. The Bible text is from the New Revised Standard Version Bible, © 1989 by the Division of Christian Education of the National Council of the Churches of Christ in the USA, and used by permission. Originated in riteplanning.com, © 2020 Church Publishing Inc. All rights reserved.

**Herb Goins – Senior Warden**  
**Jason Johnson – Clerk**  
**Emily Fisher**  
**Sally Bulla**  
**Candice Greig**  
**Will Moore**  
**Patrick Simcox**

**Vestry 2024**  
**John Wall – Junior Warden**  
**Stephen Greig – Treasurer**  
**Audrey Congdon Harris**  
**Steve Bingham**  
**Hodge Cole**  
**Lenora Sparks**  
**Mark Penley**

***Keeping in Prayer this Week:*** We pray for those whose needs are closely linked with ours and for those who suffer from any sickness, grief or distress, also remembering and praying for those on our parish prayer list, including Helen Congdon, Linda Nitz, Emily Finch Johnson, Anne Miressi, Trish, Thea Oglesby, Steve, Jerri Phillips, Elizabeth White, Richard Glover, Rick Lewis, Frankie Gurganus, Nancy Jenkins, Kathy, Diane Kearns, Joan Cardwell, Bill Fenn, Cheryl Warren, Debbie Ewing, Barry, Helen Idol, Michelle Pearl, Jo Stillely, Pat Hayes, Gloria, Clara Blythe, Susan Hayne, Sam Hawley, Robert Eamon Kelly, David Stewart, Dick Shaler, Jane Gill-Shaler, Paula Cash, Denni Mikola, Shirley, Greg Denison, Ray, Robert Taylor, Michelle Maynard, Hannah, Linda Focarelli, Carter, Tom Peterson, Loyd, Mike and Judy Hennen, Connie Strader, Lurae.

***About St Mary's Prayer List:*** St Mary's maintains a published prayer list, which is added to the service leaflet and to the e-news each week. To add someone, please secure permission to use either the first and/or last names from the person to be added, and then contact Denise Story at 336.886.4756 or by email at [admin@stmarysepisc.org](mailto:admin@stmarysepisc.org). Denise needs your name and contact information so we can get pastoral updates periodically. Individuals will be updated at the end of the month unless the request is renewed, which you are welcome to do at any time.

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