



**Saint Mary's Episcopal Church**  
**The Seventeenth Sunday after Pentecost**  
**Holy Eucharist**  
**Parish Picnic Sunday, September 24, 2023**  
**10:00am**

*Welcome to Saint Mary's! We are glad you are joining us today for either in person or online worship. If you're new to the Episcopal Church, know that we follow an ancient and enduring pattern of worship called Liturgy, which is designed to give glory to God and draw people closer to God. We sing and pray together, and stand, sit and kneel at different times using our bodies, minds and voices as we worship in the Spirit. All of those directions are in this guide, which is drawn from the Book of Common Prayer you see in the pew racks in front of you. We have communion every Sunday (and sometimes more often!) and everyone is invited to the altar, regardless of membership or from what denomination they've come. If you haven't been baptized, or aren't sure you're ready to receive communion, we invite you to come forward for a blessing and talk to a priest after the service about getting baptized. For more information about Saint Mary's, please see our website at [www.stmaryshighpoint.org](http://www.stmaryshighpoint.org) or check out our [Facebook Page](#).*

The liturgy begins on page 355 in *The Book of Common Prayer*.

## **Welcome & Announcements**

### **Voluntary**

### **The Word of God**

*All stand, as able.*

**Hymn 307** Lord enthroned in heavenly splendor

*The Celebrant says*

Blessed be God: Father, Son, and Holy Spirit.

**People** And blessed be his kingdom, now and for ever. Amen.

*The Celebrant continues*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

## *Gloria in excelsis*

*Eddie Bass, Mass for St. Mary's*

accomp.

The musical score is written on ten staves of music. The first staff begins with a treble clef, a key signature of two flats (B-flat and E-flat), and a common time signature. The melody is composed of eighth and quarter notes. The lyrics are written below the staves, aligned with the notes. The score includes several 'accomp.' markings above the staves, indicating accompaniment. The lyrics are: 'Glo-ry to God in the high - est, and peace to his peo-ple on earth. Lord God, hea-ven - ly King, al-migh - ty God and Fa - ther, we wor-ship you, we give you thanks, we praise you for your glo - ry. Lord Je - sus Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, you take a - way the sin of the world: have mer - cy on us; you are seat - ed at the right hand of the Fa - ther: re - ceive our prayer. For you a - lone are the Ho - ly One, you a - lone are the Lord, you a - lone are the Most High, Je - sus Christ, with the Ho - ly Spi - rit, in the glo - ry of God the Fa - ther. A - men.' The final staff ends with a double bar line.

Glo-ry to God in the high - est, and peace to his peo-ple on  
earth. Lord God, hea-ven - ly King, al-migh - ty God and Fa - ther, we  
wor-ship you, we give you thanks, we praise you for your glo - ry.  
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Je - sus Christ, with the Ho - ly Spi - rit, in the glo - ry of God the Fa - ther. A - men.

## **The Collect of the Day**

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*Celebrant* The Lord be with you.

***People*** And also with you.

*Celebrant* Let us pray.

Grant us, Lord, not to be anxious about earthly things, but to love things heavenly; and even now, while we are placed among things that are passing away, to hold fast to those that shall endure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*Children depart for Children's Chapel.*

## The Lessons

*All are seated.*

### A reading from The Book of Exodus

16:2-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, “If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.”

Then the LORD said to Moses, “I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not. On the sixth day, when they prepare what they bring in, it will be twice as much as they gather on other days.” So Moses and Aaron said to all the Israelites, “In the evening you shall know that it was the LORD who brought you out of the land of Egypt, and in the morning you shall see the glory of the LORD, because he has heard your complaining against the LORD. For what are we, that you complain against us?” And Moses said, “When the LORD gives you meat to eat in the evening and your fill of bread in the morning, because the LORD has heard the complaining that you utter against him—what are we? Your complaining is not against us but against the LORD.”

Then Moses said to Aaron, “Say to the whole congregation of the Israelites, ‘Draw near to the LORD, for he has heard your complaining.’” And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, “I have heard the complaining of the Israelites; say to them, ‘At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.’”

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, “What is it?” For they did not know what it was. Moses said to them, “It is the bread that the LORD has given you to eat.”

*Reader*            The Word of the Lord.  
*People*            Thanks be to God.

### Psalm 105:1-6, 37-45

*Confitemini Domino*

*Chant: Simon Mold*



- 1 Give thanks to the Lord and call up- | on his | Name; \*  
    make known his | deeds a- | mong the | peoples.  
2 Sing to him, sing | praises • to | him, \*  
    and speak of | all his | marvel•ous | works.

3 Glory in his | holy | Name; \*  
let the hearts of those who | seek the | Lord re- | joice.

4 Search for the | Lord and • his | strength; \*  
con- | tinual•ly | seek his | face.

5 Remember the marvels | he has | done, \*  
his wonders and the | judgments | of his | mouth,  
6 O offspring of | Abraham • his | servant, \*  
O | children • of | Jacob • his | chosen.

37 He led out his people with | silver • and | gold; \*  
in all their tribes there | was not | one that | stumbled.

38 Egypt was | glad of • their | going, \*  
be- | cause they | were a- | fraid of them.

39 He spread out a | cloud • for a | covering \*  
and a fire to give | light • in the | night | season.

40 They asked, and | quails ap- | peared, \*  
and he | satisfied • them with | bread from | heaven.

*Second half of the chant*

41 He opened the rock, and | water | flowed, \*  
so the | river | ran in • the | dry places.

42 For God remembered his | holy | word \*  
and | Abra- | ham his | servant.

43 So he led forth his | people • with | gladness, \*  
his | chosen • with | shouts of | joy.

44 He gave his people the | lands of • the | nations, \*  
and they took the | fruit of | others' | toil,

45 That they might | keep his | statutes \*  
and observe his | laws. | Halle- | lujah!

## **A Reading from the Letter of Paul to the Philippians**

**1:21-30**

To me, living is Christ and dying is gain. If I am to live in the flesh, that means fruitful labor for me; and I do not know which I prefer. I am hard pressed between the two: my desire is to depart and be with Christ, for that is far better; but to remain in the flesh is more necessary for you. Since I am convinced of this, I know that I will remain and continue with all of you for your progress and joy in faith, so that I may share abundantly in your boasting in Christ Jesus when I come to you again.

Only, live your life in a manner worthy of the gospel of Christ, so that, whether I come and see you or am absent and hear about you, I will know that you are standing firm in one spirit, striving side by side with one mind for the faith of the gospel, and are in no way intimidated by your opponents. For them this is evidence of their destruction, but of your salvation. And this is God's doing. For he

has graciously granted you the privilege not only of believing in Christ, but of suffering for him as well-- since you are having the same struggle that you saw I had and now hear that I still have.

*Reader*           The Word of the Lord.  
***People***           **Thanks be to God.**

*Please stand, as you are able.*

**Hymn 551**      Rise up, ye saints of God

## **The Gospel**

**Matthew 20:1-16**

*Gospeller*       The Holy Gospel of our Lord Jesus Christ according to Matthew.  
***People***           **Glory to you, Lord Christ.**

Jesus said, "The kingdom of heaven is like a landowner who went out early in the morning to hire laborers for his vineyard. After agreeing with the laborers for the usual daily wage, he sent them into his vineyard. When he went out about nine o'clock, he saw others standing idle in the marketplace; and he said to them, 'You also go into the vineyard, and I will pay you whatever is right.' So they went. When he went out again about noon and about three o'clock, he did the same. And about five o'clock he went out and found others standing around; and he said to them, 'Why are you standing here idle all day?' They said to him, 'Because no one has hired us.' He said to them, 'You also go into the vineyard.' When evening came, the owner of the vineyard said to his manager, 'Call the laborers and give them their pay, beginning with the last and then going to the first.' When those hired about five o'clock came, each of them received the usual daily wage. Now when the first came, they thought they would receive more; but each of them also received the usual daily wage. And when they received it, they grumbled against the landowner, saying, 'These last worked only one hour, and you have made them equal to us who have borne the burden of the day and the scorching heat.' But he replied to one of them, 'Friend, I am doing you no wrong; did you not agree with me for the usual daily wage? Take what belongs to you and go; I choose to give to this last the same as I give to you. Am I not allowed to do what I choose with what belongs to me? Or are you envious because I am generous?' So the last will be first, and the first will be last."

*Gospeller*       The Gospel of the Lord.  
***People***           **Praise to you, Lord Christ.**

## **The Sermon**

*All are seated.*

The Rev'd Robert P. Travis

*All stand and say together*

## **The Nicene Creed**

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**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of**

the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## Prayers of the People

*The Leader and People pray responsively.*

In peace, we pray to you, Lord God.

*Silence*

For all people in their daily life and work;  
**For our families, friends, and neighbors, and for those who are alone.**

For this community, the nation, and the world;  
**For all who work for justice, freedom, and peace.**

For the just and proper use of your creation;  
**For the victims of hunger, fear, injustice, and oppression.**

For all who are in danger, sorrow, or any kind of trouble; especially Trish, Thea, Steve, Megan, Jerri, Elizabeth, Richard, Rick, Frankie, Nancy, Clara, Susan, Sam, and all those on our Parish Prayer List and all those on the Daughters of the King Prayer List.  
**For those who minister to the sick, the friendless, and the needy.**

For the peace and unity of the Church of God; especially The Church of Ireland, Christ Church, Walnut Cove, Emmanuel, Warrenton, and our companion dioceses of Botswana and Costa Rica.  
**For all who proclaim the Gospel, and all who seek the Truth.**

For Michael our Presiding Bishop, and Sam and Jennifer our Bishops; visiting Bishop Todd McGregor; for Rob, Foster, Carroll, and Melanie, our priests, and for all bishops and other ministers;  
**For all who serve God in his Church.**

For the special needs and concerns of this congregation.

*Silence*

*The People may add their own petitions.*

Hear us, Lord;  
**For your mercy is great.**

We thank you, Lord, for all the blessings of this life.

*Silence*

*The People may add their own thanksgivings.*

We will exalt you, O God our King;  
**And praise your Name for ever and ever.**

We pray for all who have died, especially Dr. Ralph Willett, that they may have a place in your eternal kingdom.

*Silence*

*The People may add their own petitions.*

Lord, let your loving-kindness be upon them;  
**Who put their trust in you.**

We pray to you also for the forgiveness of our sins.

*Silence may be kept.*

*Leader and People*

**Have mercy upon us, most merciful Father;  
in your compassion forgive us our sins,  
known and unknown,  
things done and left undone;  
and so uphold us by your Spirit  
that we may live and serve you in newness of life,  
to the honor and glory of your Name;  
through Jesus Christ our Lord. Amen.**

*Standing, the Celebrant says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

**The Peace**

*All stand.*

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*Celebrant*     The peace of the Lord be always with you.

*People*        **And also with you.**

*Then the Ministers and the People may greet one another in the name of the Lord.*

## **The Holy Communion**

**Offertory**

*César Franck*

Panis angelicus fit panis hominum,

*The bread of angels becomes the bread of humanity,*

Dat panis cœlicus figuris terminum:

*That heavenly bread that ends symbols:*

O res mirabilis! manducat Dominum pauper, servus, et humilis.

*O great miracle! the poor, the servant, and the humble eat of the Lord.*

*~ Thomas Aquinas*

## **The Great Thanksgiving**

**Eucharistic Prayer A**

*All stand*

**p. 361**

*Celebrant* The Lord be with you.  
**People** **And also with you.**  
*Celebrant* Lift up your hearts.  
**People** **We lift them to the Lord.**  
*Celebrant* Let us give thanks to the Lord our God.  
**People** **It is right to give him thanks and praise.**

*The Celebrant continues.*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth;

*Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.*

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Celebrant and People*

*Tony Alonso, Mass of Joy and Peace*

Ho - ly, ho - ly, ho - ly, Lord God of hosts,  
 hea-ven and earth are full of your glo-ry. Ho - san - na in the high-est, ho -  
 san - na in the high - est. Bless - ed is he, bless - ed is he who  
 comes in the Name of the Lord. Ho - san - na in the high-est, ho -  
 san-na in the highest, ho - san-na in the highest, ho - san-na in the high-est.

*The Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."



After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

*Celebrant* And now, as our Savior Christ has taught us, we are bold to say,

**All** Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. **Amen.**

## The Breaking of the Bread

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### Fraction Anthem

*Alonso*

Lamb \_\_\_\_ of God, you take a-way the sins of the

1, 2. 3

world: have mer - cy on us. world: grant us peace.

*The Celebrant says*

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## Music at the Communion

### Motet

Charles Wood

Oculi omnium in te sperant, Domine,

*The eyes of all wait on you, O Lord,*

Et tu das escam illorum in tempore opportuno.

*And you give them their food in due season.*

Gloria tibi Domine. Amen.

*Glory be to you, O Lord. Amen.*

~ Psalm 145

### Hymn

All who hunger, gather gladly

1. All who hun - ger gath - er glad - ly; ho - ly man - na  
2. All who hun - ger, nev - er stran - gers, seek - er, be a  
3. All who hun - ger, sing to - geth - er, Je - sus Christ is  
is our bread. Come from wil - der - ness and wan - d'ring.  
wel - come guest. Come from rest - less - ness and roam - ing.  
liv - ing bread. Come from lone - li - ness and long - ing.  
Here in truth we will be fed. You that yearn for  
Here, in joy we keep the feast. We that once were  
Here, in peace, we have been fed. Blest are those who  
days of full - ness, all a - round us is our food.  
lost and scat - tered in com - mun - ion's love have stood.  
from this ta - ble live their days in grat - i - tude.  
Taste and see the grace e - ter - nal.  
Taste and see the grace e - ter - nal.  
Taste and see the grace e - ter - nal.  
Taste and see that God is good.  
Taste and see that God is good.  
Taste and see that God is good.

## Sending Out Prayer

*Celebrant and People*

As the people of Saint Mary's, we send you forth bearing these holy gifts that those to whom you go may share with us in the communion of Christ's body and blood. We who are many are one body, because we all share one bread one cup. Amen.

*After Communion, all kneel as able and the Celebrant says*

Let us pray.

*Celebrant and People*

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

*The Celebrant blesses the people and then they are dismissed, responding*

**People** Thanks be to God.

**Hymn** We are one in the Spirit



1 We are one in the Spir - it, we are one in the Lord,  
2 We will walk with each oth - er, we will walk hand in hand,  
3 We will work with each oth - er, we will work side by side,  
4 All \_\_\_ praise to the Fa - ther, from \_\_\_ whom all things come,



We are one in the Spir - it, we are one in the Lord,  
We will walk with each oth - er, we will walk hand in hand,  
We will work with each oth - er, we will work side by side,  
And all praise to Christ Je - sus, his \_\_\_ on - ly \_\_\_ Son,



And we pray that all u - ni - ty may one day be re - stored:  
And to - geth - er we'll spread the news that God is in our land:  
And we'll guard each one's dig - ni - ty and save \_\_\_ each one's pride:  
And all praise to the Spir - it, who \_\_\_ makes us \_\_\_ one:



And they'll know we are Christ-ians by our love, by our love,



and they'll know we are Christ-ians by our love. \_\_\_\_\_

**Altar flowers:** The flowers are given to the Glory of God and in loving memory of Mazie and Jake Froelich by their children and grandchildren.

*Scan this QR code with your smart phone to give or to make a pledge payment. We appreciate your support of St. Mary's and our parish's ministries which serve our community and beyond.*



## Participants in the Liturgy

### *Celebrant*

The Rev'd Foster Mays

### *Preacher*

The Rev'd Robert P. Travis

### *Lector*

Sally Bulla

### *Vergers*

Kathy Conrad

### *Eucharistic Ministers*

Jean Almos

### *Acolytes*

Jonathan Richardson, Aaron Sparks, Willow Travis

### *Organist & Choirmaster*

Charles Hogan

### *Video & audio engineering*

Robin Hardman

### Acknowledgements

Text for the liturgy from *The Book of Common Prayer*, New York: Church Publishing, 1979, 231, 355-365, 388-389; Search committee prayer: *Prayers for Pastor & People*, Compiled and edited by Carl G. Carlozzi, New York: Church Publishing Incorporated, 1984, 139. Used with permission. The Bible text is from the New Revised Standard Version Bible, © 1989 by the Division of Christian Education of the National Council of the Churches of Christ in the USA, and used by permission. Originated in riteplanning.com, © 2020 Church Publishing Inc. All rights reserved.

### Vestry 2023

Frosty Culp – Senior Warden

John Haworth – Clerk

Diane Popalis

Evie Cottam

Emily Fisher

Steve Bingham

Herb Goins

John Wall – Junior Warden

David Jones – Treasurer

Audrey Congdon Harris

Sally Bulla

Laura Simcox

Hodge Cole

Candice Greig

***Keeping in Prayer this Week:*** We pray for those whose needs are closely linked with ours and for those who suffer from any sickness, grief or distress, also remembering and praying for those on our parish prayer list, including Helen Congdon, Linda Nitz, Mary Gordon, Rick Manning, Emily Finch Johnson, Anne Miressi, Trish, Thea Oglesby, Steve, Megan Hankins, Jerri Phillips, Elizabeth White, Richard Glover, Rick Lewis, Frankie Gurganus, Nancy Jenkins, Kathy, Diane Kearns, Joan Cardwell, Bill Fenn, Jim, Cheryl Warren, Debbie Ewing, Patti Walls, Barry, Helen Idol, Michelle Pearl, Martha Stewart and family, Jo Stilley, Pat Hayes, Gloria, Marty Voight, Terry Strader, Clara Blythe, Susan Hayne, Sam Hawley.

***About St Mary's Prayer List:*** St Mary's maintains a published prayer list, which is added to the service leaflet and to the e-news each week. To add someone, please secure permission to use either the first and/or last names from the person to be added, and then contact Denise Story at 336.886.4756 or by email at [admin@stmarysepisc.org](mailto:admin@stmarysepisc.org). Denise needs your name and contact information so we can get pastoral updates periodically. Individuals will be updated at the end of the month unless the request is renewed, which you are welcome to do at any time.

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