

**Saint Mary's Episcopal Church**  
**The Fourth Sunday of Epiphany**  
**Holy Eucharist**  
**Sunday, January 29, 2023**  
**11:00am**

*Welcome to Saint Mary's! We are glad you are joining us today for either in person or online worship. For more information about Saint Mary's, please see our website at [www.stmaryshighpoint.org](http://www.stmaryshighpoint.org) or check out our [Facebook Page](#).*

The liturgy begins on page 355 in The Book of Common Prayer.

**Voluntary**      Méditation from *Sonata VI*

*Alexandre Guilmant*

## **The Word of God**

*All stand and sing*

**Hymn 492**      Sing, ye faithful, sing with gladness

*The Celebrant says*

Blessed be God: Father, Son, and Holy Spirit.

**People**      **And blessed be his kingdom, now and for ever. Amen.**

*The Celebrant continues*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

# Gloria in excelsis Deo

Robert Powell, S-280

1. Glo - ry to God in the high - est, and  
peace to his peo - ple on earth. 2. Lord God, heaven - ly  
King, al - mighty God and Fa - ther, we wor - ship you, we  
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
take a - way the sin of the world: have mer - cy  
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -  
ceive our prayer. 6. For you a - lone are the Ho - ly One,  
you a - lone are the Lord, 7. you a - lone are the Most  
High, Je - sus Christ, with the Ho - ly Spi - rit, in the  
glo - ry of God the Fa - ther. A - men.

## The Collect of the Day

p. 213

*Celebrant* The Lord be with you.

**People** And also with you.

*Celebrant* Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## The Lessons

*All are seated.*

### A reading from The Book of Micah

6:1-8

Hear what the LORD says:

Rise, plead your case before the mountains,  
and let the hills hear your voice.

Hear, you mountains, the controversy of the LORD,  
and you enduring foundations of the earth;  
for the LORD has a controversy with his people,  
and he will contend with Israel.

“O my people, what have I done to you?

In what have I wearied you? Answer me!

For I brought you up from the land of Egypt,  
and redeemed you from the house of slavery;

and I sent before you Moses,  
Aaron, and Miriam.

O my people, remember now what King Balak of Moab devised,  
what Balaam son of Beor answered him,

and what happened from Shittim to Gilgal,  
that you may know the saving acts of the LORD.”

“With what shall I come before the LORD,  
and bow myself before God on high?

Shall I come before him with burnt-offerings,  
with calves a year old?

Will the LORD be pleased with thousands of rams,  
with tens of thousands of rivers of oil?

Shall I give my firstborn for my transgression,  
the fruit of my body for the sin of my soul?”

He has told you, O mortal, what is good;  
and what does the LORD require of you

but to do justice, and to love kindness,  
and to walk humbly with your God?

*Reader*            The Word of the Lord.  
*People*            **Thanks be to God.**

## Psalm 15

*Domine, quis habitabit?*

Edward Bairstow



Lord, who may | dwell in • your | tabernacle? \*  
 who may abide up- | on your | holy | hill?  
<sup>2</sup> Whoever leads a blameless life and | does what • is | right, \*  
 who | speaks the | truth • from his | heart.  
<sup>3</sup> There is no guile upon his tongue;  
 he does no | evil • to his | friend; \*  
 he does not heap con- | tempt up- | on his | neighbor.  
<sup>4</sup> In his sight the wicked | is re- | jected, \*  
 but he honors | those who | fear the | Lord.  
<sup>5</sup> He has sworn to | do no | wrong \*  
 and does | not take | back his | word.  
<sup>6</sup> He does not give his money in | hope of | gain, \*  
 nor does he take a | bribe a- | gainst the | innocent.

*Second half of the chant*

<sup>7</sup> Who- | ever • does | these things \*  
 shall | never • be | over- | thrown.

## A Reading from The First Letter of Paul to the Corinthians

1:18-31

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,  
 and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, “Let the one who boasts, boast in the Lord.”

*Reader*            The Word of the Lord.  
***People***            **Thanks be to God.**

**Hymn 656**    Blest are the pure in heart

## The Gospel

Matthew 5:1-12

*Gospeller*      The Holy Gospel of our Lord Jesus Christ according to Matthew.  
*People*          **Glory to you, Lord Christ.**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.  
“Blessed are those who mourn, for they will be comforted.  
“Blessed are the meek, for they will inherit the earth.  
“Blessed are those who hunger and thirst for righteousness, for they will be filled.  
“Blessed are the merciful, for they will receive mercy.  
“Blessed are the pure in heart, for they will see God.  
“Blessed are the peacemakers, for they will be called children of God.  
“Blessed are those who are persecuted for righteousness’ sake, for theirs is the kingdom of heaven.  
“Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.”

*Gospeller*      The Gospel of the Lord.  
*People*          **Praise to you, Lord Christ.**

## The Sermon

*All are seated.*

The Rev’d Foster Mays

*All stand and say together*

## The Nicene Creed

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**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## Prayers of the People

*The Leader and People pray responsively*

In peace, we pray to you, Lord God.

*Silence*

For all people in their daily life and work;  
**For our families, friends, and neighbors, and for those who are alone.**

For this community, the nation, and the world;  
**For all who work for justice, freedom, and peace.**

For the just and proper use of your creation;  
**For the victims of hunger, fear, injustice, and oppression.**

For all who are in danger, sorrow, or any kind of trouble, especially Rebecca, Helen, Cal, Diane, Jerry, Joan, Lindsey, Margot, Bill, Jim., and all those on our Parish prayer list;  
**For those who minister to the sick, the friendless, and the needy.**

For the peace and unity of the Church of God; for The Church of Pakistan (United), Church of the Holy Comforter, St. John's, St. Martin's, Charlotte.  
**For all who proclaim the Gospel, and all who seek the Truth.**

For Michael, our Presiding Bishop, Sam and Jennifer, our Bishops; and for all bishops and other ministers;  
**For all who serve God in his Church.**

For the special needs and concerns of this congregation.

*Silence*

*The People may add their own petitions.*

Hear us, Lord;  
**For your mercy is great.**

We thank you, Lord, for all the blessings of this life.

*Silence*

*The People may add their own thanksgivings.*

We will exalt you, O God our King;  
**And praise your Name for ever and ever.**

We pray for all who have died, especially Winifred (Wink) Cottam and Dr. Glenn Busch, that they may have a place in your eternal kingdom.

*Silence*

*The People may add their own petitions.*

Lord, let your loving-kindness be upon them;  
**Who put their trust in you.**

We pray to you also for the forgiveness of our sins.

*Silence may be kept.*

*Celebrant and People*

**Have mercy upon us, most merciful Father;  
in your compassion forgive us our sins,  
known and unknown,  
things done and left undone;  
and so uphold us by your Spirit  
that we may live and serve you in newness of life,  
to the honor and glory of your Name;  
through Jesus Christ our Lord. Amen.**

*The Celebrant concludes with an absolution or a suitable Collect.*

*Standing, the Celebrant says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## **The Peace**

*All stand.*

**p. 360**

*Celebrant* The peace of the Lord be always with you.  
*People* **And also with you.**

*Then the Ministers and the People may greet one another in the name of the Lord.*

## **The Holy Communion**

### **Offertory**

*Christopher Tye*

O come, ye servants of the Lord, and praise his holy name.  
From early morn to setting sun, his might on earth proclaim.  
His laws are just, and glad the heart: he makes his mercies known.  
Ye princes come, ye people too, and bow before his throne.

*~ Psalm 112*

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## **The Great Thanksgiving**

### **Eucharistic Prayer B**

**p. 361**

*Celebrant* The Lord be with you. *People* And al - so with you.

*Celebrant* Lift up your hearts. *People* We lift them to the Lord.

*Celebrant* Let us give thanks to the Lord our God.

*People* It is right to give him thanks and praise.

*The Celebrant continues*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth;

*The Celebrant prays the appointed Proper Preface.*

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

### ***Sanctus & Benedictus qui venit***

*Eddie Bass*

Ho - ly, Ho - ly, Ho - ly Lord, God of po - wer and might:  
hea - ven and earth are full of your glo - ry. Ho - san - na in the  
high - est. Bless - ed is he who comes in the  
name of the Lord. Ho - san - na in the high - est.

*The people kneel as able.*

*Then the Celebrant continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

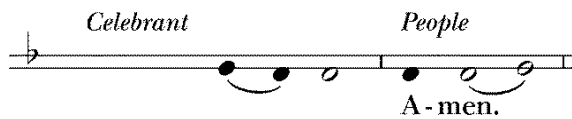
*Celebrant and People*

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*The Celebrant continues*



And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with the Ever-Blessed Virgin Mary and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. .



*Celebrant* And now, as our Savior Christ has taught us, we are bold to say,

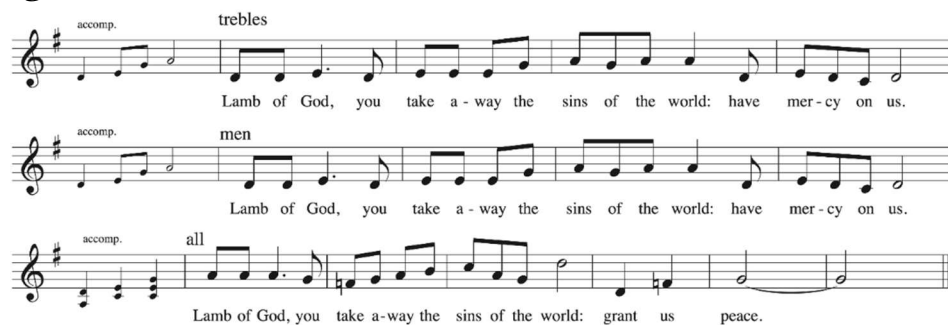
**All** Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

## The Breaking of the Bread

p. 364

### *Agnus Dei*

*Eddie Bass*



### *The Celebrant says*

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## Music at the Communion

### Motet

*Thomas Tallis*

Blessed are those that be undefiled in the way: and walk in the law of the Lord. Blessed are they that keep his testimonies and seek him with their whole heart. For they that do no wickedness walk in his ways. Thou hast chargèd us, O Lord, that we shall diligently keep thy commandèments. O that our ways were made so direct, that we might keep thy statutes. So shall we not be confounded while we have respect unto all thy commandèments. Glory be to the Father, and to the Son, and to the Holy Ghost: as it was in the beginning, is now, and ever shall be, world without end. Amen. ~ *Psalm 119*

**Hymn 660** O Master, let me walk with thee

## Sending Out Prayer

*Celebrant and People*

As the people of Saint Mary's, we send you forth bearing these holy gifts that those to whom you go may share with us in the communion of Christ's body and blood. We who are many are one body, because we all share one bread one cup. Amen.

*After Communion, all stand and the Celebrant says*

Let us pray.

*Celebrant and People*

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

*The Celebrant blesses the people.*

## Hymn



Lord, whose love through hum-ble ser-vice bore the weight of hu-man need,  
2 Still your child-ren wan-der home-less; still the hun-gry cry for bread;  
3 As we wor-ship, grant us vi-sion, till your love's re-veal-ing light,  
4 Called by wor-ship to your ser-vice, forth in your dear name we go,



who up-on the cross, for-sa-ken, of-fered mer-cy's per-fect deed,  
still the cap-tives long for free-dom; still in grief we mourn our dead.  
in its height and depth and great-ness, dawns up-on our quick-ened sight,  
to the child, the youth, the a-géd love in liv-ing deeds to show;



we, your ser-vants, bring the wor-ship not of voice a-lone, but heart,  
As, O Lord, your deep com-pas-sion healed the sick and freed the soul,  
mak-ing known the needs and bur-dens your com-pas-sion bids us bear,  
hope and health, good will and com-fort, coun-sel, aid, and peace we give,



con-se-crat-ing to your pur-pose ev-ery gift that you im-part.  
use the love your Spir-it kind-les still to save and make us whole.  
stir-ring us to tire-less striv-ing, your a-bun-dant life to share.  
that your ser-vants, Lord, in free-dom may your mer-cy know and live.

*The Celebrant dismisses the people and they respond,*

**People**            **Thanks be to God.**

**Voluntary**      Recessional

*William Mathias*

**Altar flowers:** The flowers on the altar are given to the Glory of God.

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## Participants in the Liturgy

### *Celebrant*

The Rev'd Rob Travis

### *Preacher*

The Rev'd Foster Mays

### *Lector*

Laura Simcox

### *Verger*

Kathy Conrad

### *Chalicers*

Mary Beth Yates, Jean Almos

### *Acolytes*

Brooks, Henry Simcox

### *Organist & Choirmaster*

Charles Hogan

### *Video & audio engineering*

Robin Hardman

### Acknowledgements

Text for the liturgy from *The Book of Common Prayer*, New York: Church Publishing, 1979, 231, 355-365, 388-389; Search committee prayer: *Prayers for Pastor & People*, Compiled and edited by Carl G. Carozzi, New York: Church Publishing Incorporated, 1984, 139. Used with permission. The Bible text is from the New Revised Standard Version Bible, © 1989 by the Division of Christian Education of the National Council of the Churches of Christ in the USA, and used by permission. Originated in [riteplanning.com](http://riteplanning.com), © 2020 Church Publishing Inc. All rights reserved. The following music is reprinted with permission under ONE LICENSE # A-716676. All rights reserved. Gloria S-280, Music by Robert Powell, and words Lord, whose love by Albert Bayley, ©1985, Church Pension Fund. Sanctus and Agnus Dei from *Mass for St. Mary's* by Eddie Bass. Used by permission.

**Frosty Culp – Senior Warden**  
**John Haworth – Clerk**  
**Diane Popalis**  
**Evie Cottam**  
**Emily Fisher**  
**Steve Bingham**  
**Herb Goins**

**Vestry 2023**  
**John Wall – Junior Warden**  
**David Jones – Treasurer**  
**Audrey Congdon Harris**  
**Sally Bulla**  
**Laura Simcox**  
**Hodge Cole**  
**Candice Greig**

***Keeping in Prayer this Week:*** We pray for those whose needs are closely linked with ours and for those who suffer from any sickness, grief or distress, also remembering and praying for those on our parish prayer list, including Helen Congdon, Linda Nitz, Christi White, Mary Gordon, Rick Manning, Emily Finch Johnson, Agnes Paseda, Anne Miressi, Barbara Lassiter, Llewjean White, Trish, Thea Oglesby, Steve, Megan Hankins, Jerri Phillips, Elizabeth White, Richard Glover, Lee, Rick Lewis, Beulah Pope, Tim Robeck, Frankie Gurganus, Mary Darby, Nancy Jenkins, Kathy Cloyd, Diane Rankin, Tilden White, Dave Klenk, James Pardue, Rebecca Mays, Helen Mays, Cal Mays, Diane Kearns, Jerry Ball, Joan Cardwell, Lindsey Miller, Margot Rostand, Bill Fenn, Jim.

***About St Mary's Prayer List:*** St Mary's maintains a published prayer list, which is added to the service leaflet and to the e-news each week. To add someone, please secure permission to use either the first and/or last names from the person to be added, and then contact Denise Story at 336.886.4756 or by email at [admin@stmarysepisc.org](mailto:admin@stmarysepisc.org). Denise needs your name and contact information so we can get pastoral updates periodically. Individuals will be updated at the end of the month unless the request is renewed, which you are welcome to do at any time.

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